

Mental Health and Addiction Services

Infant, Child, Adolescent and Youth Acute Home- Based Treatment

Tier 3 Service Specification

September 2024

Contents

1. Status	2
2. Review History	2
3. Introduction	3
4. Service Definition	3
5. Service objectives	3
5.1 General.....	3
5.2 Māori Health	3
6. Service Users	4
7. Access	4
8. Service Components.....	4
8.1 Processes.....	4
8.2 Settings	4
8.3 Key Inputs	4
9. Service Linkages.....	4
10. Exclusions	4
11. Quality Requirements	5
12. Purchase Units	5
13. Reporting Requirements.....	6
14. Glossary	6
15. Appendices	6

1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

2. Review History

Review History	Date
First Published on NSFL	June 2009
Amendments: clarified reporting requirements, completed PU table. Corrected title, edited for consistency	April 2017
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

This tier three service specification for Infant, Child, Adolescent and Youth Acute Home-Based Treatment (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

4. Service Definition

The Service includes acute home-based treatment that is:

- provided in a home setting
- delivered in a way that meets the needs of infants, children, adolescents and youth and their families/whānau, including supporting family/whānau in the care of the Service User
- supports the family/whānau to continue to care for/support the infant, child, adolescent or youth in the home
- well integrated with community mental health services, and forms part of this continuum of services
- focused to ensure active intervention, crisis intervention and prevention of the escalation or development of the individual's illness, prevention of disability, and the prevention of the development of dependency
- conscious of the safety needs of the Service Users, their families/whānau and community, including staff, reflecting that some Service Users may present a risk of suicide, self-harm or danger to others
- delivered in accordance with a comprehensive system of risk management within which least restrictive intervention strategies will be determined.

5. Service objectives

5.1 General

The Service will provide care for infants, children, adolescents and youth in the acute stage of mental illness or who are in need of a period of close observation and/or intensive investigation and/or intervention, where this is able to be safely provided within the individual's home setting.

Individualised care plans, including relapse prevention plans, are developed or refined for each person admitted to the home-based treatment service. These plans are comprehensive, based on assessed needs and include identified goals for the period of acute care. Plans are developed in conjunction with the individual concerned, their families/whānau, where appropriate, and relevant community service involvement.

It is expected that the acute episode is resolved without requiring an inpatient admission. The infant, child, adolescent or youth is linked with appropriate ongoing support.

5.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users are eligible children, adolescents and youth.

7. Access

Referrals received from community mental health teams and mental health inpatient units.

8. Service Components

8.1 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

8.2 Settings

The Service is provided in a community/home based setting.

8.3 Key Inputs

The Service is provided by:

- a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:
 - health professionals regulated by the Health Practitioners Competence Assurance Act 2003
 - people regulated by a health or social service professional body
 - people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
- staff with training, skills and expertise in mental health intervention, treatment and support, for infants, children, adolescents and youth
- staff with the ability to recognise underlying mental health and developmental issues.

9. Service Linkages

Linkages are as described in Mental Health and Addiction Service tier one and Infant, Child adolescent and Youth tier two service specifications.

10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

12. Purchase Units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHI39A	Infant, child, adolescent & youth acute home-based treatment - Senior medical staff	Service to provide care for infants, children, adolescents and youth in the acute stage of mental illness or who are in need of a period of close observation and/or intensive investigation and/or intervention. The service is safely provided in the individual's home setting by senior medical staff with experience in mental health intervention, treatment and support. Includes also family whanau support to continue to care for the infant, child, adolescent, or youth in the home	FTE
MHI39B	Infant, child, adolescent & youth acute home-based treatment - Junior medical staff	Service to provide care for infants, children, adolescents and youth in the acute stage of mental illness or who are in need of a period of close observation and/or intensive investigation and/or intervention. The service is safely provided in the individual's home setting by junior medical staff with experience in mental health intervention, treatment and support. Includes also family whanau support to continue to care for the infant, child, adolescent, or youth in the home	FTE
MHI39C	Infant, child, adolescent & youth acute home-based treatment – Nursing and/or allied staff	Service to provide care for infants, children, adolescents and youth in the acute stage of mental illness or who are in need of a period of close observation and/or intensive investigation and/or intervention. The service is safely provided in the individual's home setting by nurses and/or allied health staff with experience in mental health intervention, treatment and support. Includes also family whanau support to continue to care for the infant, child, adolescent, or youth in the home	FTE
MHI39D	Infant, child, adolescent & youth acute home-based treatment - Non-clinical staff	Service to provide care for infants, children, adolescents and youth in the acute stage of mental illness or who are in need of a period of close observation and/or intensive investigation and/or intervention. The service is safely provided in the individual's home setting by non-clinical support staff with experience in mental health intervention, treatment and support. Includes also family whanau support to continue to care for the infant, child, adolescent, or youth in the home	FTE

PU Code	PU Description	PU Definition	Unit of Measure
MHI39S	Infant, child, adolescent & youth acute home-based treatment	Service to provide care for infants, children, adolescents and youth in the acute stage of mental illness or who are in need of a period of close observation and/or intensive investigation and/or intervention. The service is safely provided in the individual's home setting by staff with experience in mental health intervention, treatment and support. Also includes family/whanau support to continue to care for the infant, child, adolescent, or youth in the home	Service

Explanations of the units of measure (UOM) from the purchase unit table.

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

14. Glossary

Not required

15. Appendices

Not required

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services