

Mental Health and Addiction Services
Child, Adolescent And
Youth - Inpatient Beds
Tier 3

September 2024

Contents

1.	Status	2
2.	Review History.....	2
3.	Introduction.....	3
4.	Service Definition.....	3
5.	Service Objectives.....	3
5.1	General	3
5.2	Māori Health.....	4
6.	Service Users	4
7.	Access	4
7.1	Entry and Exit Criteria	4
8.	Service Components	4
8.1	Processes	4
8.2	Settings.....	4
8.3	Key Inputs.....	5
9.	Service Linkages	5
10.	Purchase Units and Reporting Requirements	5
10.1	Purchase Units.....	5
10.2	Reporting	5

1. Status

These service specifications may be amended to meet local agreement needs.
MANDATORY **RECOMMENDED**

2. Review History

Review History	Date
First Published on NSFL	June 2009
Amendments: clarified reporting requirements, completed PU table. Corrected title, edited for consistency	March 2013
Amendments: removed standard provider monitoring reporting tables. Minor editing.	April 2017
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. Updated HNZ Sector Operations reporting email address. No other changes to content made.	September 2024

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

<p style="text-align: center;">CHILD, ADOLESCENT AND YOUTH- INPATIENT BEDS MENTAL HEALTH AND ADDICTION SERVICES TIER THREE SERVICE SPECIFICATION MHI38</p>

This tier three service specification for Child, Adolescent and Youth Inpatient Beds (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

4. Service Definition

The Service will include acute inpatient services that are:

- provided in a general hospital setting
- specific to children, adolescents and youth
- well integrated with intensive care, day hospital and community mental health services, and form part of this continuum of services
- cognisant of the child, adolescent or youth within the context of family/whānau
- focused to ensure active intervention, crisis intervention and prevention of the escalation or development of the individual's illness, prevention of disability, and concerns associated with treatment, and the prevention of the development of dependency
- conscious of the safety needs of the Service Users and community, including staff, reflecting that some Service Users may present a risk of suicide, self-harm or danger to others
- delivered in accordance with a comprehensive system of risk management within which least restrictive intervention strategies will be determined.

5. Service Objectives

5.1 General

The Service will provide inpatient care for children, adolescents and youth with mental health disorders who are in need of a period of close observation and/or intensive investigation and/or intervention, where this is unable to be safely provided within a community setting or less acute inpatient service.

Individualised care plans, including resilience development/relapse prevention plans being developed for each person admitted to the service. As outlined in detail in tier one service specifications, these plans are comprehensive, based on assessed needs and include identified goals for the period of inpatient care and transition to community care. Plans are developed in conjunction with the individual concerned, with relevant community service involvement and, where appropriate, with family/whānau and other carers. They will include attention to education and vocational needs.

As described in the tier two Infant, Child, Adolescent and Youth Service Specification, special arrangements are made to meet the developmental needs of particular sub-groups wherever possible.

Essential toiletries will be provided if such items are lacking on admission.

Discharge planning will include appropriate transitional arrangements to community care, support and school or place of employment.

The Service is part of the ongoing care continuum in accordance with the admission goals by providing an environment with an intense level of care during a period of acute illness, increased understanding of the individual's mental health problems via more intense observation in a different context, effective respite, or effective treatment of the presenting illness.

Outcomes are likely to vary depending on the goals of admission developed in collaboration with the community team.

Effective transition arrangements, including appropriate outpatient services and supports are put in place if needed.

5.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users are eligible infants, children, adolescents and youth up to their 20th birthday.

7. Access

7.1 Entry and Exit Criteria

Referrals are received from community child and youth mental health services, consultation and liaison with mental health services or crisis services.

8. Service Components

8.1 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge

8.2 Settings

The Service is in a hospital based setting.

8.3 Key Inputs

The Service is provided by:

- a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of: health professionals regulated by the Health Practitioners Competence Assurance Act 2003, people regulated by a health or social service professional body, people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
- staff with training, skills and expertise in mental health intervention, treatment and support, for infants, children, adolescents and youth
- staff with the ability to recognise underlying mental health and developmental issues.

9. Service Linkages

Linkages are as described in Mental Health and Addiction Services tier one and Infant, Child, Adolescent and Youth tier two service specifications.

10. Purchase Units and Reporting Requirements

10.1 Purchase Units

Purchase Unit (PU) Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHI38	Infant, child, adolescent & youth inpatient beds	Inpatient care for people under the age of 19 with acute mental health disorders, and cannot be treated safely in an outpatient setting. The service is delivered in a hospital setting by a multidisciplinary team trained in mental health intervention, treatment and support	Available bed day

Unit of Measure	Unit of Measure Definition
Available bed day	Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service..

10.2 Reporting

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Email: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section <https://www.tewhatauora.govt.nz/health-services-and-programmes/nationwide-service-framework-library/about-nationwide-service-specifications/mental-health-and-addiction-service-specifications>