

Mental Health and Addictions Services

Community Based Child Adolescent and Youth Co- Existing Disorders of Mental Health and Alcohol and/or Drug Use

Tier 3 Service Specification

September 2024

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1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

2. Review History

Review History	Date
First Published on NSFL	June 2009
Working party review:	April 2009
Amended: clarified reporting requirements, completed PU table. Corrected title, edited for consistency	April 2013
Amended added MHDI50S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	July 2017
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

This tier three service specification for Community based Child, Adolescent and Youth Co-existing Problems of Mental Health and Alcohol and/or Drug Use (the Service) is linked to tier one Mental Health and Addiction Services, tier two Infant, Child, Adolescent and Youth, and tier two Addiction service specifications.

4. Service Definition

The Service includes:

- screening and early intervention for mental health and alcohol and drug problems
- assessment and treatment for children, adolescent and youth with substance abuse disorders and mental health disorders
- co-ordination of treatment to ensure joint care management between mental health and alcohol and other drug services
- family/whānau support
- Service User self-help/peer and mutual support opportunities
- liaison and consultation with other services involved in providing services to children, adolescents and youth and other alcohol and drug treatment services or mental health services.

Each child, adolescent or youth will be offered the interventions that are appropriate according to their age and development, assessed need in terms of their drug and alcohol use, related problems and readiness for change. This may include referral to other services or agencies.

It is expected that Service Users will engage in a treatment programme.

5. Service objectives

5.1.1 General

To provide a specialised service that indirectly or directly provides interventions for children, adolescents and youth with co-existing problems of mental health disorders and alcohol and drug use.

5.1.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users are eligible children, adolescents and youth.

7. Access

Access to the Service is with referral from child and youth alcohol and drug services or child and youth mental health services.

8. Service Components

8.1 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

8.2 Settings

The Service is provided in a community based setting.

8.3 Key Inputs

The Services are provided by a multi-disciplinary team of people with skills and experience in mental health intervention, treatment and support, made up of:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a health or social service professional body, people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
- staff will have competencies, skills and experience, with working with people with alcohol and drug problems/dependence and mental health issues
- staff who have the ability to recognise underlying mental health and developmental issues.

9. Service Linkages

Linkages include, but are not limited to the following described in the tier one Mental Health and Addiction Specialist Services and tier two Infant, Child, Adolescent and Youth service specifications.

10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

12. Purchase Units and Reporting Requirements

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHDI50A	Community child, adolescent & youth service for co-existing problems - Senior medical staff	A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by senior medical staff trained in mental health intervention, treatment and support.	FTE
MHDI50B	Community child, adolescent & youth service for co-existing problems - Junior medical staff	A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by junior medical staff trained in mental health intervention, treatment and support.	FTE
MHDI50C	Community child, adolescent & youth service for co-existing problems – Nursing/allied health staff	A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by nurses and/or allied health staff and social support trained in mental health intervention, treatment and support.	FTE

PU Code	PU Description	PU Definition	Unit of Measure
MHDI50D	Community child, adolescent & youth service for co-existing problems - Non-clinical staff	A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by non-clinical support staff who interact with the patients and who are not subjected to regulatory requirements under legislation or by any other means.	FTE
MHDI50E	Community child, adolescent & youth service for co-existing problems - Cultural staff	A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services. The service is provided by cultural support staff who interact with the patients and who are not subjected to regulatory requirements under legislation or by any other means.	FTE
MHDI50S	Community child, adolescent & youth service for co-existing problems	A specialised service that indirectly or directly provides screening, intervention, assessment and treatment for children and youth with co-existing problems of mental health disorders, alcohol and drug use. The service includes: coordination of treatment to ensure joint care management between mental health and alcohol and other drug services, family support, and liaison and consultation to other services involved in providing services to children, adolescents and youth around alcohol, drug treatment and other mental health services.	Service

Explanations of the units of measure (UOM) from the above table are here:

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

13. Reporting

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

Glossary

Not required

Appendices

Not required

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services