

Mental Health and Addictions Services

Child, Adolescent and Youth – Community Alcohol and Drug Services with Accommodation

Tier 3 Service Specification

September 2024

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1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

2. Review History

Review History	Date
First Published on NSFL	June 2009
Amended: clarified reporting requirements, completed PU table. Corrected title, edited for consistency	April 2013
Amended: added MHI49S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	April 2017
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

This tier three service specification for Child, Adolescent, and Youth - Community Alcohol and Drug Services (with accommodation component) (the Service) is linked to tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

4. Service Definition

The Service will be limited to the following:

- accommodation and board in a domestic home-like, age-appropriate, non-institutionalised, supportive environment that is clean, comfortable and safe
- development of a personal action plan in partnership with the Service User and their family/whānau that identifies and prioritises actions that will support the Service User to meet desired goals and identify the roles and responsibilities of all persons and agencies involved in the delivery of services to the Service User
- provision of a goal-oriented programme that supports the Service User to establish the activities of daily living that enable them to manage, where practicable, self-care needs and that actively assists the Service User to develop the new skills and competencies needed to reach their identified goals and to engage in social, cultural, recreational and educational opportunities
- the encouragement of participation and contribution to the running of the residence to meet developmental needs, especially in view of transition to self-care
- developmental needs of connection, belonging, competence, contribution and participation
- defined treatment programmes, including specific treatment relating to the individual's alcohol and drug use
- time limited duration of stay.

It is expected there will be engagement in a treatment programme as part of this contracted service by the Service User and their family/whānau.

5. Service objectives

5.1 General

To provide a 24-hour staffed service with home-like accommodation for children, adolescents and youth with serious alcohol and drug problems that result in complex and ongoing high-support needs related to their activities of daily living.

Providers shall ensure that the Service User receives the appropriate levels of financial support, including access to a personal allowance.

A Family Group Conference (FGC) will be convened for the individual Service User, **where applicable**, by a care and protection co-ordinator (appointed under section 423 of the Children, Young Persons, and Their Families Act 1989) in accordance with sections 20 to 38 of the same Act.

5.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users are eligible children, adolescents and youth.

7. Access

Access is by referral through the community alcohol and drug services or designated clinicians according to local protocols and needs assessment and service co-ordination (NASC) services.

8. Service Components

8.1 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

8.2 Key Inputs

Services provided by:

a multi-disciplinary team of people with skills and experience in mental health and alcohol and drug intervention, treatment and support, made up of:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a health or social service professional body
- people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.
- staff with appropriate qualifications, competencies, skills and experience, for working with people with alcohol and drug problems/dependence, who have the ability to recognise underlying mental health and developmental issues.

9. Service Linkages

Linkages include, but are not limited to the following described in tier one Mental Health and Addiction Services, tier two Infant, Child, Adolescent and Youth and tier two Addiction service specifications.

10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

12. Purchase Units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	PU Measure
MHDI49	Child, Adolescent and Youth Community Alcohol and Drug Services with accommodation	A 24 hour staffed service with domestic home-like accommodation for children, adolescent and youth with a serious alcohol and drug problems that result in complex and ongoing high support needs related to their activities of daily living.	Occupied bed day
MHDI49C	Child, Adolescent and Youth Community - accommodation - Nursing and allied staff	A 24 hour staffed service with domestic home-like accommodation for children, adolescent and youth with a serious alcohol and drug problems that result in complex and ongoing high support needs related to their activities of daily living. The service is provided by nurses and/or allied health staff	FTE
MHDI49D	Child, Adolescent & Youth Community - accommodation - Non-clinical staff	A 24 hour staffed service with domestic home-like accommodation for children, adolescent and youth with a serious alcohol and drug problems that result in complex and ongoing high support needs related to their activities of daily living. The service is provided by non-clinical staff	FTE
MHDI49E	Child, Adolescent & Youth Community - accommodation - Cultural staff	A 24 hour staffed service with domestic home-like accommodation for children, adolescent and youth with a serious alcohol and drug problems that result in complex and ongoing high support needs related to their activities of daily living. The service is provided by cultural staff	FTE
MHDI49S	Child, Adolescent and Youth Community - accommodation	A 24 hour staffed service with domestic home-like accommodation for children, adolescent and youth with a serious alcohol and drug problems that result in complex and ongoing high support needs related to their activities of daily living.	Service

Explanations of the units of measure (UOM) from the purchase unit table.

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Occupied bed day	Total number of beds that are occupied each day over a designated period. For reporting purposes, count beds occupied as at 12 midnight of each day. Leave days, when the bed is not occupied at midnight are not counted. Counting formula is discharge date less admission date less leave days.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

14. Glossary

Not required

15. Appendices

Not required

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services