

# **Child, Adolescent and Youth Alcohol and Other Drug Community**

## **Tier 3 Service Specification**

**September 2024**

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## 1. Status

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

**MANDATORY**  **RECOMMENDED**

## 2. Review History

Review History	Date
First Published on NSFL	June 2009
<b>Amended:</b> clarified reporting requirements, completed PU table. Corrected title, edited for consistency	March 2013
<b>Amended:</b> added MHDI48S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	April 2017
Content moved to updated Health New Zealand format	September 2024
Consideration for next Service Specification Review	Within five years

**Note:** In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

**Note:** Contact the Service Specification Programme Manager, National Health Board Business Unit, to discuss the process and guidance available in developing new or updating and revising existing service specifications. Web site address Nationwide Service Framework Library: [Nationwide Service Framework Library – Health New Zealand](#)

### 3. Introduction

This tier two service specification for Child, Adolescent and Youth - Alcohol and Other Drug Community Services (the Service) is linked to tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

### 4. Service Definition

The Service includes community-based assessment and treatment but is not limited to:

- screening and brief intervention
- comprehensive assessment
- alcohol and other drug treatment, therapy, support and care co-ordination (both individual and group)
- family support and treatment with other interventions as appropriate
- liaison and consultation services to other providers of health services, including mental health services and other agencies that provide services to young people
- community development services.
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Consistent with the tier two Infant, Child, Adolescent and Youth Service Specification, each child, adolescent or youth will be offered the interventions that are appropriate according to their age, their developmental needs and assessed need in terms of their drug and alcohol use, related problems and readiness for change. This may include referral to other services or agencies.

It is expected that there will be a reduction in alcohol and other drug related issues.

A recovery plan that includes access to brief intervention for relapse and follow up will be established.

### 5. Service objectives

#### 5.1.1 General

The objective is to provide a community-based assessment and treatment service for children, adolescents and youth with alcohol and/or other drug problems and/or dependence.

#### 5.1.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

#### 5.1.3 Pacific Health

Refer to the tier one Mental Health and Addiction Services service specification.

### 6. Service Users

The Service Users are eligible children, adolescents and youth.

## 7. Access

### 7.1.1 Entry and Exit Criteria

Access may be from any source, including referral by Service Users directly or upon referral from primary practitioners, family/whānau or carers.

## 8. Service Components

### 8.1.1 Settings and Facilities

The Service is provided in a community based setting.

### 8.1.2 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review and discharge.

### 8.1.3 Key Inputs

Services provided by a multi-disciplinary team of people with skills and experience in mental health and alcohol and drug intervention, treatment and support, made up of:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a health or social service professional body, people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means
- staff with appropriate qualifications, competencies, skills and experience, for working with people with alcohol and drug problems/dependence.

## 9. Service Linkages

Linkages include, but are not limited to the following described in tier one Mental Health and Addiction Services and tier two Infant, Child, Adolescent and Youth service specifications.

## 10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

## 11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

## 12. Purchase Units and Reporting Requirements

Purchase Unit (PU) Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	PU Measure
MHDI48A	Child, adolescent and youth alcohol and drug community services - Senior medical staff	A community based assessment and treatment service for children, adolescents and youth with alcohol and or other drug problems and or dependence. The service is provided by senior medical staff trained in mental and alcohol and drug intervention, treatment and support	FTE
MHDI48B	Child, adolescent and youth alcohol and drug community services - Junior medical staff	A community based assessment and treatment service for children, adolescents and youth with alcohol and or other drug problems and or dependence. The service is provided by junior medical staff trained in mental and alcohol and drug intervention, treatment and support	FTE
MHDI48C	Child, adolescent and youth alcohol and drug community services – Nursing and/or allied health staff	A community based assessment and treatment service for children, adolescents and youth with alcohol and or other drug problems and or dependence. The service is provided by nurses and/or allied health staff and social support trained in mental and alcohol and drug intervention, treatment and support	FTE
MHDI48D	Child, adolescent and youth alcohol and drug community services - Non-clinical staff	A community based assessment and treatment service for children, adolescents and youth with alcohol and or other drug problems and or dependence. The service is provided by non-clinical support staff who interact with the patients and who are not subjected to regulatory requirements under legislation or by any other means.	FTE
MHDI48E	Child, adolescent and youth alcohol and drug community services - Cultural staff	A community based assessment and treatment service for children, adolescents and youth with alcohol and or other drug problems and or dependence. The service is provided by cultural support staff who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means	FTE
MHDI48S	Child, adolescent and youth alcohol and drug community services	A community based assessment and treatment service for children, adolescents and youth with alcohol and or other drug problems and or dependence.	Service

## 12.1 Units of Measure

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement.

## 13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email [performance\\_reporting@health.govt.nz](mailto:performance_reporting@health.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications<sup>1</sup> may be used for performance monitoring if specified as agreed with the Funder.

## 14. Glossary

Not required.

## 15. Appendices

Not required.

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<sup>1</sup> Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section [www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services](http://www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services)