

**Kaupapa Māori Mental Health Services**  
**Community Based Clinical and**  
**Support Services**  
**Service Specification**  
**Tier 1**

**September 2024**

## Contents

1. Status .....	2
2. Review History .....	2
3. Introduction .....	3
4. Service Definition .....	3
5. Service objectives .....	3
6. Service Users .....	3
7. Access .....	4
8. Service Components .....	4
9. Service Linkages .....	5
10. Exclusions .....	5
11. Quality Requirements .....	<b>Error! Bookmark not defined.</b>
12. Purchase Units .....	5
13. Reporting Requirements .....	7
14. Glossary .....	<b>Error! Bookmark not defined.</b>
15. Appendices .....	<b>Error! Bookmark not defined.</b>

## 1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY  RECOMMENDED

## 2. Review History

Review History	Date
First Published on NSFL	January 2010
<b>Amended:</b> clarified reporting requirements	March 2013
<b>Amended:</b> added MHK59S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	April 2017
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024

**Note:** In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

**Note:** Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. [NSF@tewhatuora.govt.nz](mailto:NSF@tewhatuora.govt.nz)

Nationwide Service Framework Library web site [here](#)

### 3. Introduction

This tier three service specification for Kaupapa Māori Community Based Clinical and Support Service (the Service) must be used in conjunction with tier one Mental Health and Addiction Services, and tier two Kaupapa Māori Mental Health and Addiction service specifications.

### 4. Service Definition

The Services will be fully integrated with other Mental Health and Addiction Services and include but will not be limited to:

- community support care that involves the use of community based supports to prevent the need for more restrictive levels of care and maximises wellness
- approaches that maximise the strengths of tāngata whaiora, their whānau, other natural supports and their community
- Māori specific cultural services working in partnership with other mental health and addiction providers also working with the tāngata whaiora and whānau
- comprehensive assessment and identification of key needs, and planning
- tāngata whaiora specific intervention, treatment and support
- holistic response to co-morbidities
- service co-ordination, and accessing of appropriate services
- monitoring and evaluating progress
- information and advice
- tāngata whaiora and whānau education, support and advocacy.

### 5. Service objectives

#### 5.1 General

To provide a recovery oriented community based assessment, treatment and therapy service for mental health and addiction problems that is accessible, co-ordinated and effectively targeted for Māori. The Service will be based within a Kaupapa Māori framework and responsive to the needs of tāngata whaiora and their whānau.

Care planning should be jointly agreed and implemented in a co-ordinated manner by all parties involved.

The care plan will identify the relative roles of the clinical and non-clinical staff, and other relevant professionals, including matters in relation to:

- crisis responsiveness
- risk identification and management
- medication management
- managed withdrawal
- psychological and other interventions
- support interventions
- on call
- after hours support.

The care plan will set out specific plans and goals. All plans will be reviewed three monthly with a formal in-depth review to occur at least six monthly.

## **5.2 Māori Health**

Refer to tier two Kaupapa Māori Mental Health Services and tier one Mental Health and Addiction Services service specifications

## **6. Service Users**

The Service is specifically developed for Māori but not exclusive to Māori.

## **7. Access**

### **7.1 Entry Criteria**

Access may be from any source, including by self-referral, people directly referring, or upon referral from primary and secondary health services, family, carers, and community members.

## **8. Service Components**

### **8.1 Processes**

The processes include but are not limited to the following: engagement; assessment including cultural assessment; diagnosis; treatment; rehabilitation; case management; consultation, liaison; support; review process and discharge.

### **8.2 Settings**

The Service may be provided in community including marae, home and hospital based settings.

### **8.3 Key Inputs**

A multi-disciplinary team of people with skills and experience in mental health and or addiction intervention, treatment and support, made up of:

- health professionals regulated by the Health Professionals Competency Act 2003
- people regulated by a health or social service professional body

- people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

The workforce will be predominantly Māori with understanding and lived experience of the Māori culture.

## 9. Service Linkages

Linkages include, but are not limited to the following:

Service Provider	Nature of Linkage	Accountabilities
District Specialist services	Internal referral and liaison	Working closely together to improve responsiveness to Māori.
Primary Health Care Services	Referral, consultation and liaison	Work closely with primary care providers to communicate referral pathways and improve access to services for Māori.
Health and Social agencies	Collaboration	Work with other agencies to support a holistic service response to the needs of Māori.

## 10. Purchase Units and Reporting Requirements

### 10.1 Purchase units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHK59	Kaupapa Māori community clinical support service - Senior medical	Oriented community based assessment, treatment and therapy service for mental health and addiction problems that is accessible, co-ordinated and effectively targeted for Māori. The service will be based within a Kaupapa Māori framework and responsive to the needs of tāngata whaiora and their whānau. The service is delivered by senior medical staff.	FTE

PU Code	PU Description	PU Definition	Unit of Measure
MHK59B	Kaupapa Māori community clinical support service - Junior medical	Oriented community based assessment, treatment and therapy service for mental health and addiction problems that is accessible, co-ordinated and effectively targeted for Māori. The service will be based within a Kaupapa Māori framework and responsive to the needs of tāngata whaiora and their whānau. The service is delivered by junior medical staff.	FTE
MHK59C	Kaupapa Māori community clinical support service - Nurses & allied health	Oriented community based assessment, treatment and therapy service for mental health and addiction problems that is accessible, co-ordinated and effectively targeted for Māori. The service will be based within a Kaupapa Māori framework and responsive to the needs of tāngata whaiora and their whānau. The service is delivered by nurses and/or allied health.	FTE
MHK59D	Kaupapa Māori community clinical support service - Non-clinical	Oriented community based assessment, treatment and therapy service for mental health and addiction problems that is accessible, co-ordinated and effectively targeted for Māori. The service will be based within a Kaupapa Māori framework and responsive to the needs of tāngata whaiora and their whānau. The service is delivered by non-clinical staff.	FTE
MHK59E	Kaupapa Māori community clinical support service - Cultural	Oriented community based assessment, treatment and therapy service for mental health and addiction problems that is accessible, co-ordinated and effectively targeted for Māori. The service will be based within a Kaupapa Māori framework and responsive to the needs of tāngata whaiora and their whānau. The service is delivered by cultural staff.	FTE
MHK59S	Kaupapa Māori community clinical support service	Oriented community based assessment, treatment and therapy service for mental health and addiction problems that is accessible, co-ordinated and effectively targeted for Māori. The service will be based within a Kaupapa Māori framework and responsive to the needs of tāngata whaiora and their whānau.	Service

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

## 10.2 Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Email: [performance\\_reporting@health.govt.nz](mailto:performance_reporting@health.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications<sup>1</sup> may be used for performance monitoring if specified as agreed with the Funder.

---

<sup>1</sup> Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section [www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services](http://www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services)