# Mental Health and Addiction Services Forensic Mental Health -Minimum Secure Service

## Tier 2

November 2024

Health New Zealand Te Whatu Ora

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#### 1. Status

These service specifications may be amended to meet local agreement needs.

MANDATORY 🗷 RECOMMENDED 🗹

## 2. Review History

Review History	Date
First Published on NSFL	June 2010
Amended: clarified reporting requirements	February 2013
<b>Amended:</b> removed standard provider monitoring reporting tables.	July 2016
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. Updated HNZ Sector Operations reporting email address. No other changes to content made.	November 2024

**Note:** In late 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

**Note:** Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. <u>NSF@tewhatuora.govt.nz</u>

Nationwide Service Framework Library web site here

### 3. Introduction

#### FORENSIC MENTAL HEALTH SERVICES - MINIMUM SECURE SERVICE MENTAL HEALTH AND ADDICTION SERVICES TIER THREE SERVICE SPECIFICATION MHF83

This tier three service specification for Forensic Mental Health Services - Minimum Secure Service (the Service) must be used in conjunction with the tier one Mental Health and Addiction Services, tier two Forensic Mental Health service specifications. In addition it is linked to a range of tier three Forensic Mental Health service specifications.

The service specification defines Forensic Mental Health Minimum Secure Service and its objectives in the delivery of the Service.

#### 4. Service Definition

The Minimum Secure Service provides a level of security considered necessary for Service users who present a less serious physical danger to others and may be identified by court assessment and or diversion schemes. Security measures are intended to impede rather than completely prevent absconsions, with greater reliance on staffing arrangements with less physical security measures<sup>1</sup>.

The Service will include but not be limited to:

- establishment of a Service user management plan with service user involvement that addresses issues for the Service user with documented goals and strategies
- utilisation of a range of therapeutic interventions including psychosocial, behavioural, spiritual, recreational and pharmacological interventions as part of the Service user management plan
- promotion of self-care, encouragement and support of the Service user in activities that will promote independent living such as vocational skills, budgeting, shopping, and household management
- strengthening of relationships and encouraging contribution to family and their local community.

### 5. Service Objectives

#### 5.1 General

The objective of the Service is to provide supervision and support with an accommodation component as part of a recovery focused programme for people that require a minimum secure forensic mental health environment.

<sup>&</sup>lt;sup>1</sup> Forensic Mental Health Services Managed Care Network (2004) Definition of security levels in psychiatric inpatient facilities in Scotland.

#### 5.2 Māori Health

Refer to tier one Mental Health and Addiction Services service specification.

#### 6. Service Users

The Service users will be people that meet the documented assessment criteria for Forensic Mental Health services. Young people should be transitioning to adult services up to their 18<sup>th</sup> birthday until their 20<sup>th</sup> birthday if developmentally appropriate.

## 7.4. Access

Refer to the tier two Forensic Mental Health Services service specification.

### 8.5. Service Components

#### 8.1 Processes

Refer to the tier two Forensic Mental Health Services service specification.

#### 8.2 Settings

The Service is provided in a Forensic hospital based setting.

#### 8.3 Key Inputs

Refer to the tier two Forensic Mental Health Services service specification.

#### 8.4 Pacific Health

Refer to tier one Mental Health and Addiction Services service specification.

### 9. Service Linkages

Linkages include those listed in the tier two Forensic Mental Health Services service specification and the following:

Service Provider	Nature of Linkage	Accountabilities
Health and social agencies	Collaboration	Work with other agencies to link in service user to community-based education, employment and social activities.

## **10.** Purchase Units and Reporting Requirements

#### **10.1 Purchase Unit Codes**

Purchase Unit (PU) Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following code applies to the Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHF83	Forensic Mental Health Service - Minimum Secure Service	Service by a multidisciplinary team to provide supervision and support with an accommodation component as part of a recovery focused programme for people that require a minimum secure forensic mental health environment.	Available bed day

Unit of Measure	Unit of Measure Definition
Available bed day	Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service.

#### **10.2 Reporting**

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Email: <a href="mailto:performance\_reporting@health.govt.nz">performance\_reporting@health.govt.nz</a>

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications<sup>2</sup> may be used for performance monitoring if specified as agreed with the Funder.

<sup>&</sup>lt;sup>2</sup> Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section <u>https://www.tewhatuora.govt.nz/health-services-and-programmes/nationwide-service-framework-library/about-nationwide-service-specifications/mental-health-and-addiction-service-specifications</u>