

Mental Health and Addiction Service
Forensic Mental Health -
Medium Secure Service

Tier 3

November 2024

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1. Status

These specifications may be amended to meet local agreement needs.

MANDATORY RECOMMENDED

2. Review History

Review History	Date
First Published on NSFL	June 2010
Amended: clarified reporting requirements	February 2013
Amended: removed standard provider monitoring reporting tables.	April 2017
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

<p style="text-align: center;">FORENSIC MENTAL HEALTH SERVICES - MEDIUM SECURE SERVICE MENTAL HEALTH AND ADDICTION SERVICES TIER THREE SERVICE SPECIFICATION MHF82</p>

This tier three service specification for Forensic Mental Health Services - Medium Secure Service (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Forensic Mental Health Services service specifications. In addition, it is linked to a range of tier three Forensic Mental Health Services service specifications.

The service specification defines Forensic Mental Health Services - Medium Secure Service and its objectives in the delivery of the Service.

4. Service Definition

The Service provides a level of security for Service Users who represent a serious but less immediate danger to others. Security must be sufficient to deter all but the most determined.

A good range of therapeutic and recreational facilities must be available within the perimeter fence to meet the needs of Service Users who are not ready for off-site parole, but with the emphasis on graduated use of ordinary community facilities in rehabilitation whenever possible¹.

A comprehensive range of hospital-based treatment and therapy options will be available including:

- pharmacotherapy and bio-medical investigations and interventions
- psychological treatment
- occupational therapy
- recreational activities
- social skills training
- vocational skills training
- budgeting
- domestic skills training
- assertiveness and self-esteem building
- development of cultural links.

Individualised care plans are developed and implemented for each person admitted to the service. These plans are comprehensive, based on assessed needs, and include identified goals for the period of inpatient care. Plans are developed in conjunction with the Service User concerned, their family and whānau or carers, where appropriate, and relevant community services are involved.

Accommodation and personal care services are provided at no cost to the Service User, including the provision of personal care items when such items are lacking on admission.

¹ Forensic Mental Health Services Managed Care Network (2004) Definition of security levels in psychiatric inpatient facilities in Scotland.

5. Service Objectives

5.1 General

The objective of the Service is to provide inpatient care in a forensic mental health medium secure environment for people who require more intensive and or acute assessment and treatment in a more secure setting.

This Service is integrated with forensic mental health inpatient, community and liaison services, and forms part of a continuum of services.

5.2 Māori Health

Refer to tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users will be eligible people that meet the assessment criteria for Forensic Mental Health. Young people should be transitioning to adult services up to their 18th birthday and until their 20th birthday if developmentally appropriate.

7. Access

Access will be based on a comprehensive assessment (undertaken by a nominated health professional) that deems that a medium secure service environment is required for the Service User.

8. Service Components

8.1 Processes

Refer to the tier two Forensic Mental Health Services service specification.

8.2 Settings

The Service is provided in Forensic hospital based settings.

8.3 Key Inputs

Refer to the tier two Forensic Mental Health Service services specification.

8.4 Pacific Health

Refer to tier one Mental Health and Addiction Services service specification.

8.5 Service Linkages

Refer to the tier two Forensic Mental Health Service services specification.

9. Purchase Units and Reporting Requirements

9.1 Purchase Units

Purchase Unit (PU) Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following code applies to the Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHF82	Forensic Mental Health Medium Secure Service	Service by a multidisciplinary team to provide inpatient care in a forensic mental health medium secure environment for people who require more intensive and or acute assessment and treatment in a more secure setting.	Available bed day

Unit of Measure	Unit of Measure Definition
Available bed day	Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service.

7.2 Reporting

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Email: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications² may be used for performance monitoring if specified as agreed with the Funder.

² Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section <https://www.tewhātuora.govt.nz/health-services-and-programmes/nationwide-service-framework-library/about-nationwide-service-specifications/mental-health-and-addiction-service-specifications>