

**Mental Health and Addiction Services
Forensic Mental Health -
Extended Term Secure
Service
Tier 3**

November 2024

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1. Status

These service specifications may be amended to meet local agreement needs.

MANDATORY RECOMMENDED

2. Review History

Review History	Date
First Published on NSFL	June 2010
Amended: clarified reporting requirements	February 2013
Amended: removed standard provider monitoring reporting tables.	April 2017
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	November 2024

Note: In late 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

<p style="text-align: center;">FORENSIC MENTAL HEALTH - EXTENDED TERM SECURE SERVICE MENTAL HEALTH AND ADDICTION SERVICES TIER THREE SERVICE SPECIFICATION MHF81</p>

This tier three service specification for Forensic Mental Health Services - Extended Term Secure Service (the Service) must be used in conjunction with tier one Mental Health and Addiction Services and tier two Forensic Mental Health Services service specifications. In addition, it is linked to a range of tier three Forensic Mental Health Services service specifications.

The service specification defines Forensic Mental Health Services - Extended Term Secure Service and its objectives in the delivery of the Service.

4. Service Definition

The Service provides a higher level of security for a longer period of time, and also a wider range of intensive specialist therapeutic interventions for offenders.

Extended care is for those Service Users who pose a grave and immediate danger to others if at large. Security arrangements must be capable of preventing even the most determined absconder. High secure services should only be provided in secure sites that offer a full range of therapeutic and recreational facilities within a perimeter fence.¹

The Service includes but is not limited to:

- acknowledgement of the individual's legal status
- comprehensive forensic psychiatric assessment and ongoing assessments
- recovery focused treatments and a range of interventions including psychological, social, behavioural, cultural, spiritual and pharmacological
- assessments and interventions that specifically address the index offence²
- Interventions that are aimed at reducing or minimising the risk of re-offending or dangerous behaviour
- participatory approaches to engage the Service User in their treatment and planning
- recognition of the safety needs of Service Users and the broader community, including staff, reflecting that some Service Users may present a risk of suicide, self-harm or danger to others
- a comprehensive system of risk management within which least restrictive evidence-based intervention strategies will be practiced. Levels of risk to self, others and the community are regularly assessed
- cultural responsive approaches to engagement in treatment that better meet the needs of people of other cultures

¹ Forensic Mental Health Services Managed Care Network (2004) Definition of security levels in psychiatric inpatient facilities in Scotland.

² Index offence defined as the first offence for which people enter mental health services from a mental health perspective.

- family and whānau inclusiveness
- rehabilitative programmes that are tailored to meet individual needs and specific goals set.

Individualised care plans are developed and implemented for each person admitted to the service. These plans are comprehensive, based on assessed needs, and include identified goals for the period of inpatient care.

5. Service Objectives

5.1 General

The objective of the Service is to provide inpatient care in a forensic mental health secure environment for people who require a higher level of observation and intensive treatment within a more secure environment for longer periods of time, due to diagnosis and treatment complexity, insufficient response to treatment and where there is a continuing need for this level of intensive support and supervision.

5.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users will be people that meet the assessment criteria for Forensic Mental Health services. Young people should be transitioning to adult services up to their 18th birthday and until their 20th birthday if developmentally appropriate.

7. Access

Access to the Service is via a consultative referral from other forensic mental health services nationally.

8. Service Components

8.1 Processes

Refer to the tier two Forensic Mental Health Services service specification.

8.2 Settings

The Service is provided in community, court, prison and Forensic hospital based settings.

8.3 Key Inputs

Refer to the tier two Forensic Mental Health Services service specification.

8.4 Pacific Health

Refer to the tier one Mental Health and Addiction Services service specification.

9. Service Linkages

1. Refer to the tier two Forensic Mental Health Services service specification.

10. Purchase Units and Reporting Requirements

10.1 Purchase Units

Purchase Unit (PU) Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following code applies to the Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHF81	Forensic Mental Health – Extended Secure Service	Service by a multidisciplinary team to provide inpatient care in a forensic mental health secure environment for people who require a higher level of observation and intensive treatment within a more secure environment for longer periods of time, due to diagnosis and treatment complexity, insufficient response to treatment and where there is a continuing need for this level of intensive support and supervision.	Available bed day

PU Measure	PU Measure Definition
Available bed day	Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service.

10.2 Reporting

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Email: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications³ may be used for performance monitoring if specified as agreed with the Funder.

³ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section <https://www.tewhatoru.govt.nz/health-services-and-programmes/nationwide-service-framework-library/about-nationwide-service-specifications/mental-health-and-addiction-service-specifications>