

Forensic Mental Health Services

**Community Based
Intensive Service for
Recovery**

Tier 3 Service Specification

September 2024

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1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

2. Review History

Review History	Date
First Published on NSFL	June 2010
Amended: clarified reporting requirements	February 2013
Amended: added MHF86S purchase unit code, removed standard provider monitoring reporting tables.	April 2017
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

This tier three service specification for Forensic Mental Health Services - Community Based Intensive Service for Recovery (the Service) must be used in conjunction with the tier one Mental Health and Addiction Service and tier two Forensic Mental Health Services service specifications. In addition, it is linked to a range of tier three Forensic Mental Health Services service specifications.

The service specification defines Forensic Mental Health Services - Community Based Intensive Service for Recovery and its objectives in the delivery of the Service.

4. Service Definition

This Service is a community based forensic mental health service that includes a goal-oriented, recovery-focused, skill development community based programme that increases the Service User's ability to:

- manage their own illness
- achieve life goals
- develop positive relationships
- develop problem-solving skills.

Plans will be developed together with the Service User and in accordance with formally assessed needs. Progress against plans and identified goals will be reviewed at specified intervals with modification of plans accordingly. Plans will aim to:

- meet individual needs
- manage clinical risk
- assist reintegration into the community including opportunities for further education and employment
- maintain cultural links
- regain and maintain family and whānau links
- educate the Service User and their carers about illness, symptoms and the management of symptoms.

The emphasis will be on the implementation of the treatment plan and reintegration into the community. A comprehensive range of community and hospital-based treatment and therapy options will be available including:

- pharmacotherapy and bio-medical investigations and interventions
- psychological treatments
- social treatments
- occupational therapy
- recreational activities
- social skills training

- budgeting
- domestic skills training
- vocational skills
- assertiveness and self-esteem building
- development of cultural linkage.

5. Service objectives

5.1 General

The objective of this Service is to provide a recovery-oriented community based service that enhances the skills and functional independence of people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides.

5.2 Māori Health

Refer to tier one Mental Health and Addiction Services service specification.

5.3 Pacific Health

Refer to tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users will be people that meet the assessment criteria for Forensic Mental Health Services. Young people should be transitioning to adult services up to their 18th birthday and until their 20th birthday if developmentally appropriate.

7. Access

Access to the Service is via a triaged referral from other forensic mental health services.

8. Service Components

8.1 Processes

Refer to the tier two Forensic Mental Health Services service specification.

8.2 Settings

The Service is provided in the community or a community based environment as least restrictive as possible, and that promotes social inclusion.

8.3 Key Inputs

Refer to the tier two Forensic Mental Health Services service specification.

Staff will also require skills in recovery focused rehabilitation and vocational development.

9. Service Linkages

Linkages include, but are not limited to the following:

Service Provider	Nature of Linkage	Accountabilities
Other health and social care agencies such as Housing NZ, Work and Income NZ	Referral, liaison, networking, collaboration Shared working	Work with other relevant professionals and agencies in the care of the Service User Support the Service User in accessing benefit entitlement, accommodation, employment and education opportunities

10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

12. Purchase Units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHF86	Forensic Community based Intensive Service for Recovery	Recovery-oriented community based service by a multidisciplinary team that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides.	Occupied Bed Day
MHF86A	Forensic Community based Intensive Service for Recovery – Senior medical staff	Recovery-oriented community based service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides. The service is provided by senior medical staff, a component of a multidisciplinary team	FTE
MHF86B	Forensic Community-based Intensive Service for Recovery – Junior medical Staff	Recovery-oriented community based service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides. The service is provided by junior medical staff, a component of a multidisciplinary team.	FTE
MHF86C	Forensic Community based Intensive Service for Recovery – Nurses & allied health	Recovery-oriented community based service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides. The service is provided by nurses and allied health staff, a component of a multidisciplinary team.	FTE
MHF86D	Forensic Community based Intensive Service for Recovery – Non-clinical staff	Recovery-oriented community based service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides. The service is provided by non-clinical staff, a component of a multidisciplinary team.	FTE

PU Code	PU Description	PU Definition	Unit of Measure
MHF86E	Forensic Community based Intensive Service for Recovery – Cultural staff	Recovery-oriented community based service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides. The service is provided by cultural staff, a component of a multidisciplinary team.	FTE
MHF86F	Forensic Community based Intensive Service for Recovery – Peer support staff	Recovery-oriented community based service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides. The service is provided by peer support staff, a component of a multidisciplinary team.	FTE
MHF86S	Forensic Community based intensive Service for Recovery	Recovery-oriented community based service that enhances the skills and functional independence of Service Users. The Service is for people who are assessed as requiring care in an environment with some structure, supervision and support but no longer require the secure environment or the treatment component that a Forensic inpatient service provides. The service is provided by a multidisciplinary team.	Service

Explanations of the units of measure (UOM) from the purchase unit table.

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Occupied bed day	Total number of beds that are occupied each day over a designated period. For reporting purposes, count beds occupied as at 12 midnight of each day. Leave days, when the bed is not occupied at midnight are not counted. Counting formula is discharge date less admission date less leave days.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

14. Glossary

Not required

15. Appendices

Not required

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsfh.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services