

# **Mental Health and Addictions Services**

## **Community Co-Existing Disorders, Mental Health and Addiction with Accommodation**

### **Tier 3 Service Specification**

**September 2024**

## Contents

1. Status .....	2
2. Review History .....	2
3. Introduction .....	3
4. Service Definition .....	3
5. Service objectives .....	4
5.1 General.....	4
5.2 Māori Health .....	4
6. Service Users .....	4
7. Access .....	4
8. Service Components.....	4
8.1 Processes.....	4
8.2 Settings .....	4
8.3 Key Inputs .....	4
9. Service Linkages.....	5
10. Exclusions .....	5
11. Quality Requirements .....	5
12. Purchase Units .....	5
13. Reporting Requirements.....	6
14. Glossary .....	6
15. Appendices .....	6

## 1. Status

**Approved to be used for mandatory nationwide description of services to be provided.**

**MANDATORY  RECOMMENDED**

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

## 2. Review History

Review History	Date
First Published on NSFL	June 2009
<b>Amended:</b> clarified reporting requirements, corrected title.	February 2013
<b>Amended:</b> added MHAD15S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	July 2016
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

**Note:** In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

**Note:** Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. [NSF@tewhatuora.govt.nz](mailto:NSF@tewhatuora.govt.nz)

Nationwide Service Framework Library web site [here](#)

### 3. Introduction

This tier three service specification for Community Co-existing Disorders, Mental Health and Addiction Service, (with accommodation) (the Service) is linked to tier one Mental Health and Addiction Services, tier two Adult Mental Health and tier two Addiction Services service specifications.

### 4. Service Definition

The Service will include:

- screening and early identification for mental health and alcohol and other drug problems
- assessment, treatment, therapy and support for people with substance abuse disorders and mental illness
- co-ordination of treatment to ensure joint care management between mental health and addiction services
- family/whānau engagement and support
- Service User self-help/mutual support opportunities
- liaison and consultation with other services involved in providing addiction services or mental health services, including non-government mental health and addiction services
- accommodation that is safe and comfortable with a home-like atmosphere
- access to drug and alcohol programmes, as well as general rehabilitation programmes
- each Service User will have their own bedroom (except for couples who choose to share).

An individual care plan will be developed by each resident with their support worker, in conjunction with the clinical team. The plan will set out specific goals that will be reviewed three monthly with a formal reviewing at least six monthly. Residents will progress towards more independent living or maintain their level of independence by developing skills and supports, in accordance with their care plans.

Staff will provide oversight of the home, meals, finances and general wellbeing of the resident. Wherever possible, residents will be expected to provide their own domestic services (cleaning, meal preparation, purchasing of household provisions and laundry) by co-operating with each other. They will also take personal responsibility for decisions about household management and activities.

Clinical oversight will be provided for each resident by an assigned clinician or key worker from the local DHB Provider Arm Mental Health and Addiction Service.

## **5. Service objectives**

### **5.1 General**

To provide a recovery-orientated community-based service that will provide housing and treatment interventions for people who have co-existing mental health problems with alcohol and drug dependency.

### **5.2 Māori Health**

Refer to the tier one Mental Health and Addiction Services service specification.

## **6. Service Users**

The Service Users are eligible adults as described in the tier two Adult Mental Health service specification.

## **7. Access**

Referral to the Service is from alcohol and other drug or mental health services.

## **8. Service Components**

### **8.1 Processes**

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

### **8.2 Settings**

The Service is provided in community based settings.

### **8.3 Key Inputs**

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health and addiction intervention, treatment and support, made up of:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a health or social service professional body
- people who interact with Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

## 9. Service Linkages

Linkages include, but are not limited to the following described in tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

## 10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

## 11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

## 12. Purchase Units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHAD15	Co-existing disorders (mental health & addiction) with accommodation	A service by a multidisciplinary team trained in mental health and addiction intervention, treatment and support to provide a recovery-orientated community-based service that will provide housing and treatment interventions for people who have co-existing mental health problems with alcohol and drug dependency.	Occupied bed day
MHAD15C	Co-existing disorders (mental health & addiction) with accommodation - Nursing and/or Allied	A service provided by nursing and/or allied health staff trained in mental health and addiction intervention, treatment and support to provide a recovery-orientated community-based service that will provide housing and treatment interventions for people who have co-existing mental health problems with alcohol and drug dependency	FTE
MHAD15D	Co-existing disorders (mental health & addiction) with accommodation - Non-clinical	A service provided by non-clinical staff trained in mental health and addiction intervention, treatment and support to provide a recovery-orientated community-based service that will provide housing and treatment interventions for people who have co-existing mental health problems with alcohol and drug dependency.	FTE
MHAD15S	Co-existing disorders (mental health & addiction) with accommodation	A service to provide a recovery-orientated community-based service that will provide housing and treatment interventions for people who have co-existing mental health problems with alcohol and drug dependency	Service

Explanations of the units of measure (UOM) from the purchase unit table.

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Occupied bed day	Total number of beds that are occupied each day over a designated period. For reporting purposes, count beds occupied as at 12 midnight of each day. Leave days, when the bed is not occupied at midnight are not counted. Counting formula is discharge date less admission date less leave days.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

### 13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: [performance\\_reporting@health.govt.nz](mailto:performance_reporting@health.govt.nz)

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications<sup>1</sup> may be used for performance monitoring if specified as agreed with the Funder.

### 14. Glossary

Not required

### 15. Appendices

Not required

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<sup>1</sup> Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section [www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services](http://www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services)