

Mental Health and Addictions Services

Community Based Service for Mental Health with Intellectual Disability

Tier 3 Service Specification

September 2024

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1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

2. Review History

Review History	Date
First Published on NSFL	June 2009
Correction: Reporting item - monthly number of day attendances added	July 2010
Amended: clarified reporting requirements	February 2013
Amended: added MHA13S purchase unit code, removed standard provider Monitoring reporting tables. Minor editing.	July 2016
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

This tier three service specification for Adult Mental Health Services Service for the Community Based Service for Mental Health with Intellectual Disability (the Service) is linked to tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications.

4. Service Definition

The Service will include:

- assessment and treatment of mental illness in people with intellectual disabilities, where such a specialist service is required
- co-ordination of treatment and interventions to ensure joint care management between mental health and intellectual disability services
- family and whānau support
- Service User self-help/mutual support opportunities
- education, consultation and advice to other mental health and intellectual disability services to assist those services in the ongoing care of people under their care.

5. Service objectives

5.1.1 General

To provide a recovery-oriented specialist service that provides interventions to assist (directly or indirectly) people with combined problems of mental illness and intellectual disability.

5.1.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users are eligible adults as detailed in the tier two Adult Mental Health service specification.

7. Access

Referral to the Service is from community or inpatient mental health services, or from intellectual disability service providers and may include Needs Assessment Service Coordination where required.

8. Service Components

8.1 Processes

The following processes apply but are not limited to: assessment, treatment, intervention and support, review process and discharge.

8.2 Settings

The Service is community based.

8.3 Key Inputs

The Service is provided by a multi-disciplinary team of people with skills and experience in mental health and intellectual disability, intervention, treatment and support, made up of:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by a health or social service professional body
- people who interact with the Service Users and who are not subjected to regulatory requirements under legislation or by any other means.

9. Service Linkages

Linkages are not limited to those described in tier one Mental Health and Addiction Services and tier two Adult Mental Health service specifications and include the table below.

Service Provider	Nature of Linkage	Accountabilities
Providers of Disability Services	Referral Liaison Advice	Work with the relevant professionals and agencies in the care and support of the Service User

10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

12. Purchase Units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHA13A	Community based Mental health with intellectual disability - Senior medical staff	A service by senior medical to provide a recovery-oriented specialist service that provides interventions to assist (directly or indirectly) people with combined problems of mental illness and intellectual disability.	FTE
MHA13B	Community based Mental health with intellectual disability - Junior medical staff	A service by senior medical to provide a recovery-oriented specialist service that provides interventions to assist (directly or indirectly) people with combined problems of mental illness and intellectual disability.	FTE
MHA13C	Community based Mental health with intellectual disability - Nursing and/or allied staff	A service by nurses and/or allied staff to provide a recovery-oriented specialist service that provides interventions to assist (directly or indirectly) people with combined problems of mental illness and intellectual disability.	FTE
MHA13D	Community based Mental health with intellectual disability - Non-clinical staff	A service by non-clinical support staff to provide a recovery-oriented specialist service that provides interventions to assist (directly or indirectly) people with combined problems of mental illness and intellectual disability.	FTE
MHA13E	Community based Mental health with intellectual disability – Cultural staff	A service by cultural support staff to provide a recovery-oriented specialist service that provides interventions to assist (directly or indirectly) people with combined problems of mental illness and intellectual disability.	FTE
MHA13S	Community based Mental health with intellectual disability services	A service to provide a recovery-oriented specialist service that provides interventions to assist (directly or indirectly) people with combined problems of mental illness and intellectual disability.	Service

Explanations of the units of measure (UOM) from the purchase unit table.

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

Glossary

Not required

Appendices

Not required

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services