

Managed Withdrawal - Inpatient Service Tier 3 Service Specification

September 2024

Contents

1. Status	2
2. Review History	2
3. Introduction	3
4. Service Definition	3
5. Service objectives	3
6. Service Users	3
7. Access	3
8. Service Components.....	4
9. Service Linkages.....	4
10. Purchase Units and Reporting Requirements.....	4
10.1 Purchase units.....	4
10.2 Reporting Requirements.....	5

1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement.

2. Review History

Review History	Date
First published on NSFL	January 2010
Amended: clarified reporting requirements	February 2013
Amended: removed standard provider monitoring reporting tables. Minor editing.	April 2017
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

The tier three service specification for Managed Withdrawal - Inpatient Service (the Service) must be used in conjunction with the tier one Mental Health and Addiction Services and tier two Addiction Services service specifications. Also consider the relevant links to the tier one Medical and Surgical Services service specification and the Medical Detoxification service.

4. Service Definition

Medically managed withdrawal delivered in a dedicated unit or mental health unit or medical unit with mental health services support for those people with, or at high risk of developing, medical complications during the withdrawal process. Where mental health complications occur, the Service provider shall ensure that Service Users receive appropriate integrated care and support for their mental illness. In these circumstances the location of care will be determined by the primary needs of the Service User.

Upon discharge, attention will be paid to ensure the Service User is linked into services to help support and maintain their recovery.

A discharge summary will be provided to the referrer in a timely manner to mitigate against known and or potential risks

5. Service objectives

5.1.1 General

To provide a controlled and safe withdrawal from alcohol and other drugs, in an environment that includes high levels of nursing and medical support to manage clinical risks.

5.1.2 Māori Health

Refer to tier one Mental Health and Addiction Services service specification.

5.1.3 Pacific Health

Refer to tier one Mental Health and Addiction Services service specification.

6. Service Users

Refer to tier one Mental Health and Addiction Services service specification.

7. Access

7.1.1 Entry Criteria

Referral from other alcohol and other drug services, emergency services, and general practitioners is in consultation with alcohol and other drug community assessment and treatment services.

8. Service Components

8.1.1 Settings

The Service is provided in either a:

- specialised community facility or unit
- a mental health unit or
- a medical unit supported by a mental health service.

8.1.2 Processes

The processes include but are not limited to the following: engagement; assessment, information provision, treatment, medication management; consultation, liaison, advocacy, support, review process and discharge.

8.1.3 Key Inputs

Medical staff will provide oversight of this service. The Service will be delivered by people with skills and experience in alcohol and other drug detoxification, and who belong in one of the following categories:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by the Drug and Alcohol Practitioners Association Aotearoa New Zealand (DAPAANZ) or another health or social service professional body.

9. Service Linkages

Linkages are as described in Mental Health and Addiction Services tier one and tier two Addiction Services service specifications.

10. Purchase Units and Reporting Requirements

10.1 Purchase units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following code applies to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHD77	Managed withdrawal – inpatient service	Hospital or community-based medically managed withdrawal delivered in either a specialised community facility, or a mental health unit, or a medical unit supported by a mental health service dedicated to those people with, or at high risk of developing, medical complications during the withdrawal process.	Available Bed Day

Unit of Measure	Unit of Measure Definition
Available Day Bed	Total number of inpatient beds that are available to be occupied during the period multiplied by the number of days they are available during that period. To be counted as available the bed must be resourced, and either empty or occupied by a user of this service.

10.2 Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Performance Reporting

Sector Operations

Ministry of Health

Private Bag 1942

Dunedin 9054

Email performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services

