

Mental Health and Addiction Services
Community Support
Service with
Accommodation

Tier 3

November 2024

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1. Status

These service specifications may be amended to meet local agreements.

MANDATORY RECOMMENDED

2. Review History

Review History	Date
First published on NSFL	June 2010
Amended: clarified reporting requirements.	February 2013
Amendments: added MHD53S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	April 2017
Consideration for next Service Specification Review	Within five years
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

**ADDICTION SERVICES- ALCOHOL AND OTHER DRUG SERVICES -
COMMUNITY SUPPORT SERVICE WITH ACCOMMODATION
MENTAL HEALTH AND ADDICTION SERVICES
TIER THREE SERVICE SPECIFICATION
MHD53, MHD53C, MHD53D, MHD53E, MHD53F, MHD53S**

This tier three service specification for Alcohol and Other Drug Services - Community Support Service with Accommodation must be used in conjunction with tier one Mental Health and Addiction and the tier two Addiction Services service specifications. It is linked to other tier three Addiction service specifications.

The service specification defines an Alcohol and Other Drug Services Community Support Service with Accommodation, and the objectives in the delivery of services.

4. Service Definition

The Service is for people with alcohol and other drug problems, who have support needs related to community living and self-management of their problems. The Service is inclusive of supported accommodation. It will be delivered to Service Users either pre or post intensive treatment programmes or for those clients participating in intensive day programmes, that require accommodation.

The Service includes but is not limited to:

- alcohol and drug free environment
- time limited supported accommodation
- access to and coordination of required health and social supports
- interventions that are appropriate according to the Service Users assessed need, bio psychosocial problems and readiness for change, including referral to other services or agencies
- follow-up support to enhance recovery and reduce the risk of relapse. This would involve ongoing contact with peers and / or staff.

The level of support provided is assessed and is dependent on the stage of treatment.

Staffing ratios for this service are consistent with a low acuity environment and staff may be employed peers who are more advanced in their recovery process.

Services are to provide a level of recovery - focused support through groups, health and vocational education and / or counselling. There is growing evidence that support with housing, education and employment is important, particularly for those leaving residential treatment.

5. Service Objectives

To provide individualised minimal support and rehabilitation services in an alcohol and drug free supported accommodation environment for Service Users who have alcohol and other drug dependency including any co-existing mental health issues. This would involve active reintegration for clients into the community for purposes of resuming employment and finding accommodation.

Outcomes of supported accommodation may involve clients entering a more intensive programme or transitioning from an intensive programme or attending an intensive day programme. This would best be described as “step-up” or “step-down” transition. The Service will support clients to engage in the designated treatment programme and sustain their recovery from their dependency.

Respite, ie short term support for periods of crisis or relapse or “time out”, could also be a function provided by the Service, ensuring any safety and risk issues are appropriately managed.

5.1 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

The Service Users will be adults from the age of the eighteenth birthday with a drug or alcohol problem including any co-existing mental health issues.

(There are specific youth services provided for those under the age of eighteen as described in other service specifications).

7. Access

7.1 Entry and Exit Criteria

Referral to this service is from any source including self-referral. However access is via a triage process including prioritisation according to local policies and protocols.

8. 5. Service Components

8.1 Processes

The key processes include but are not limited to the following: support with life skills and self-management of problems, prepare for transition to more intensive treatment programme or independent living in the community.

8.2 Settings

The Service is provided in community based home like settings that are alcohol and drug free.

8.3 Key Inputs

The Service is provided by staff with relevant experience and work qualifications, in alcohol and drug support. This may include a client who has advanced in their own recovery process.

8.4 Pacific Health

Refer to the tier one Mental Health and Addiction Services service specification.

9. Service Linkages

Linkages are as described in Mental Health and Addiction Services tier one and Addiction tier two service specifications.

10. Purchase Units and Reporting Requirements

10.1 Purchase Units

Purchase Unit (PU) codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service:

PU Code	PU Description	PU Definition	Unit of Measure
MHD53	Alcohol and other drug community service with accommodation	Individualised support and rehabilitation service in an alcohol and drug free supported accommodation environment for Service Users who have alcohol and other drug dependency including any co-existing mental health issues and have support needs related to community living and self-management of their problems.	Occupied bed day
MHD53 C	Alcohol and other drug community service with accommodation – Nurses & allied health staff	Individualised support and rehabilitation service in an alcohol and drug free supported accommodation environment for Service Users who have alcohol and other drug dependency including any co-existing mental health issues and have support needs related to community living and self-management of their problems. The service is provided by nurses and allied health staff.	FTE

PU Code	PU Description	PU Definition	Unit of Measure
MHD53D	Alcohol and other drug community service with accommodation – Non-clinical staff	Individualised support and rehabilitation service in an alcohol and drug free supported accommodation environment for Service Users who have alcohol and other drug dependency including any co-existing mental health issues and have support needs related to community living and self-management of their problems. The service is provided by non-clinical staff.	FTE
MHD53E	Alcohol and other drug community service with accommodation – Cultural staff	Individualised support and rehabilitation service in an alcohol and drug free supported accommodation environment for Service Users who have alcohol and other drug dependency including any co-existing mental health issues and have support needs related to community living and self-management of their problems. The service is provided by cultural staff.	FTE
MHD53F	Alcohol and other drug community service with accommodation – Peer support staff	Individualised support and rehabilitation service in an alcohol and drug free supported accommodation environment for Service Users who have alcohol and other drug dependency including any co-existing mental health issues and have support needs related to community living and self-management of their problems. The service is provided by peer support staff.	FTE
MHD53S	Alcohol and other drug community service with accommodation	Individualised support and rehabilitation service in an alcohol and drug free supported accommodation environment for Service Users who have alcohol and other drug dependency including any co-existing mental health issues and have support needs related to community living and self-management of their problems.	Service

Unit of Measure	Unit of Measure Definition
Occupied bed day	Total number of beds that are occupied each day over a designated period. For reporting purposes, count beds occupied as at 12 midnight of each day. Leave days, when the bed is not occupied at midnight are not counted. Counting formula is discharge date less admission date less leave days.
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

10.2 Reporting

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

The information required by the Funder will be sent to:

Email: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section <https://www.tewhātuora.govt.nz/health-services-and-programmes/nationwide-service-framework-library/about-nationwide-service-specifications/mental-health-and-addiction-service-specifications>