

**Mental Health and Addictions
Services**

**Community Based
Alcohol and Other Drug
Specialist Services**

Tier 3 Service Specification

September 2024

Contents

1. Status	2
2. Review History	2
3. Introduction	3
4. Service Definition	3
5. Service objectives	4
6. Service Users	4
7. Access	4
8. Service Components	4
8.1 Settings	4
8.2 Key Inputs	4
9. Service Linkages	5
10. Exclusions	5
11. Quality Requirements	5
12. Purchase Units	5
13. Reporting Requirements	7
14. Glossary	7
15. Appendices	7

1. Status

Approved to be used for mandatory nationwide description of services to be provided.

MANDATORY RECOMMENDED

Recommended – these are centralized and recommended specifications to be used by Districts for purchasing services, they may be used to enable providers to transition to meeting a Mandatory specification over time. Districts are expected to move to a mandatory specification when renewing or varying an agreement].

2. Review History

Review History	Date
First Published on NSFL	November 2009
Correction: removal of MHDK74C, MHDK74D purchase units inserted in error.	March 2012
Amended: clarified reporting requirements.	February 2013
Amended: added MHD74S purchase unit code, removed standard provider monitoring reporting tables. Minor editing.	April 2017
Moved to Health NZ template. Updated links for PUDD and NSFL only. Amended DHB to become District/Region where appropriate. No other changes to content made.	September 2024
Consideration for next Service Specification Review	Within five years

Note: In September 2024 a small programme of work moved all Service Specifications to Health New Zealand branded templates. No amendments were made to the body text or content of the Service Specification, so references to DHB, Ministry of Health or other pre-2022 reforms vocabulary will still exist. A larger programme of work to review and revise all Service Specifications is planned for late 2024 to early 2025.

Note: Contact the NSF Team, Te Whatu Ora | Health New Zealand to discuss proposed amendments to the service specifications and guidance in developing new or updating and revising existing service specifications. NSF@tewhatuora.govt.nz

Nationwide Service Framework Library web site [here](#)

3. Introduction

This tier three service specification is for Community Based Alcohol and other Drug Specialist Services (the Service) and must be used with the tier one Mental Health and Addiction Services service specification and tier two Addiction Services service specifications.

4. Service Definition

Community based assessment and treatment services that provide, but are not limited to:

- screening and brief intervention
- specialist comprehensive assessment;
- drug and alcohol treatment, therapy, support and case management (both individual, group and inclusive of family and whānau)
- integrated care for those experiencing co-existing problems of addiction and mental health
- ongoing monitoring of symptoms and regular review of progress and treatment
- development of cultural links
- working with family and whānau and offering support and other interventions
- liaison and consultation services to other providers of health services including mental health services and other agencies in contact with people with current or potential substance use problems
- community development services
- referral to other services or agencies where appropriate
- support to enhance recovery and reduce the risk of relapse for example this may include facilitating engagement with a support group.

Each Service user will be offered interventions that are appropriate according to assessed need in terms of their drug and alcohol use, related problems and readiness for change. Where appropriate treatment may include:

- pharmacotherapy and bio-medical interventions
- psychological treatments
- occupational therapy
- social work
- recreational activities
- social skills training
- domestic skills training
- assertiveness and self-esteem building.

Attention will be paid to specific subgroups such as pregnant women with alcohol and other drug problems.

5. Service objectives

5.1.1 General

To provide a community or outpatient based assessment and treatment service.

5.1.2 Māori Health

Refer to the tier one Mental Health and Addiction Services service specification.

6. Service Users

Refer to the tier one Mental Health and Addiction Services service specification.

7. Access

7.1.1 Entry and Exit Criteria

Referral from primary health care, inpatient, community mental health teams, alcohol and other drug services.

8. Service Components

Processes

The processes include but are not limited to the following: engagement; assessment, information provision, treatment, consultation, liaison, advocacy, support, review process, discharge.

8.1 Settings

The Service may be provided in community, and home based settings.

8.2 Key Inputs

A multi-disciplinary team of people with skills and experience in alcohol and other drug intervention, treatment and support, and who belong in one of the following categories:

- health professionals regulated by the Health Practitioners Competence Assurance Act 2003
- people regulated by the Drug and Alcohol Practitioners Association Aotearoa New Zealand (DAPAANZ) or another health or social service professional body
- people who interact with service users and who are not subjected to regulatory requirements under legislation or by any other means.

9. Service Linkages

Linkages are as described in Mental Health and Addiction Services tier one and Addiction tier two service specifications

10. Exclusions

Refer to the tier one Mental Health and Addiction Services service specification.

11. Quality Requirements

Refer to the tier one Mental Health and Addiction Services service specification.

12. Purchase Units

Purchase Unit Codes are defined in Health New Zealand's Nationwide Service Framework Purchase Unit Data Dictionary. The following codes apply to this Service.

PU Code	PU Description	PU Definition	Unit of Measure
MHD74A	Community based alcohol and other drug specialist services – Senior medical staff	Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by senior medical staff.	FTE
MHD74B	Community based alcohol and other drug specialist services – Junior medical staff	Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by junior medical staff.	FTE
MHD74C	Community based alcohol and other drug specialist services – Nursing and allied health staff	Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by nursing and allied health staff.	FTE

PU Code	PU Description	PU Definition	Unit of Measure
MHD74D	Community based alcohol and other drug specialist services – Non-clinical staff	Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by non-clinical staff.	FTE
MHD74E	Community based alcohol and other drug specialist services – Cultural staff	Community based assessment and treatment services that provide integrated care for those experiencing alcohol and other drug problems and co-existing problems of addiction and mental health. The service is provided by cultural staff.	FTE
MHD74S	Community based alcohol and other drug specialist services	Community based assessment and treatment services that provide integrated care for those experiencing co-existing problems of addiction and mental health.	Service

Explanations of the units of measure (UOM) from the above table are here:

Unit of Measure	Unit of Measure Definition
FTE	Full-time equivalent staff member (clinical or non-clinical) involved in direct delivery of services to consumers. Exclude time that is formally devoted to administrative or management functions e.g. half-time coordination of a community team.
Service	Service purchased in a block arrangement uniquely agreed between the parties to the agreement

13. Reporting Requirements

The Provider must comply with the requirements of national data collections: PRIMHD.

Additional information to be reported and the frequency of collection are specified by the Funder in the Provider Specific Terms and Conditions as agreed with the Service Provider.

Unless otherwise specified in the agreement, the following reporting information will be emailed to The Performance Reporting Team at: performance_reporting@health.govt.nz

The Performance Monitoring Reporting tables for the Mental Health and Addiction Service Specifications¹ may be used for performance monitoring if specified as agreed with the Funder.

14. Glossary

Not required

15. Appendices

Not required

¹ Performance Monitoring Reporting cluster tables for Mental Health and Addiction Services are published on the Nationwide Service Framework Library, Mental Health and Addiction Service specifications page, Downloads section www.nsf.health.govt.nz/service-specifications/current-service-specifications/mental-health-and-addiction-services