

***HEALTH
PROFESSIONALS
TRAINING BOOKLET
2024***

PLEASE NOTE:

Training sessions may be cancelled at very short notice.

**STUDY DAY
&
PRESENTER INFORMATION**

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BOOKING INSTRUCTIONS: INTERNAL

WAIRARAPA HOSPITAL STAFF

HOW TO BOOK A STUDY DAY:

1. Go onto the Intranet “home” page.
2. On the right hand side of screen, click on “**Learning & Development**”
3. Click on the “**Apply for a Course**” button on the left hand side.
4. Please **follow the instructions carefully** to ensure that your registration is completed correctly.
5. **Important Note:** Your CNM /CMM / Manager must approve your attendance before sending through your online registration (if you are attending in your own time it does not need to be approved).
6. Once your registration has been sent it will show a blank screen. You will then receive a confirmation of your booking from myself (this may take a few days to be processed).
7. **Important Announcements:**
These can be found on the “**Learning & Development**” page.

If you need to cancel a study day booking, please send an email to nursing.training@wairarapa.dhb.org.nz or notify the facilitator directly.

Thanks,

Kylie Elwin
Executive Assistant to
The Director of Nursing and Chief Medical Officer

PLEASE NOTE:

Training sessions may be cancelled at very short notice.

BOOKING INSTRUCTIONS: EXTERNAL

AGED & RESIDENTIAL CARE / MEDICAL CENTRES / OTHER PROVIDERS, ETC

HOW TO BOOK A STUDY DAY:

For study days provided by the Wairarapa Hospital, all bookings are to be made as follows:

1. Send an email to nursing.training@wairarapa.dhb.org.nz with the following details:
 - Attendee's Name
 - Title of Study Day
 - Date of Study Day
 - Attendee's Position / Role
 - Organisation Name
 - Name of Manager approving attendance (if applicable)
 - Please state if this is paid study leave or attending in own time
 - Attendee's Contact Details: This must include **work phone number, mobile number and email address.**

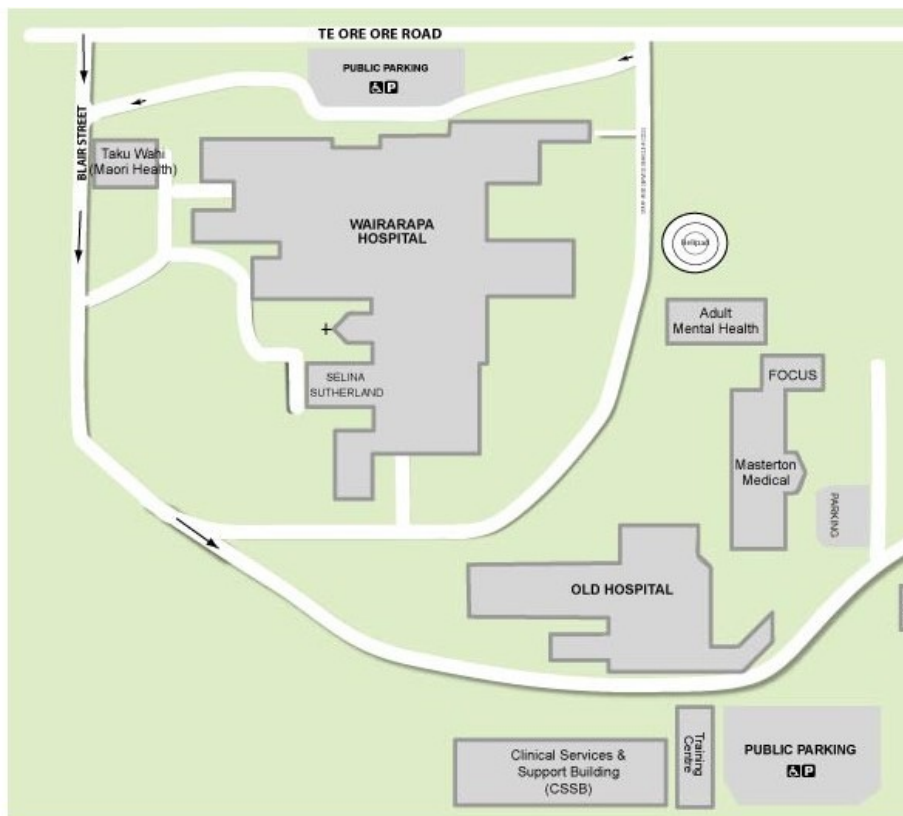
2. For all **AARC & ALERT bookings** please contact Kathy Lee to book directly on (027) 675-8265 or email kathy.lee@wairarapa.dhb.org.nz

3. If you need to cancel a study day booking, please send an email to nursing.training@wairarapa.dhb.org.nz or contact the facilitator directly.

NOTE: Bookings will take priority for Wairarapa Hospital staff members.

**Please note that you will receive confirmation of your
booking by return email only.**

PLEASE NOTE: Training sessions may be cancelled at very short notice.



AARC **(Advanced Adult Resus Course)**

This study day is available to:

Wairarapa Hospital Staff, SMOs/RMOs, GPs & Practice Nurses

Please contact Kathy Lee directly to book for AARC - this course has 3 weeks of pre-reading and also involves an assessment and exam.

This is an 8-hour day and is available to Wairarapa Hospital Staff, SMOs/RMOs, GP's and Practice Nurses. Wairarapa Acute Staff, DNMs and Theatre Staff must attend this every 3 years and also attend a Resus Workshop every 18 months, all other staff attend AARC once, then must follow up with a Resus Workshop every 18 months thereafter.

The course content consists of the following skill stations:

- ◆ Adult / infant and child collapse
- ◆ Airway management
- ◆ Use of an AED / Manual Defibrillator and Rhythm recognition

Scenarios: Adult and child/infant collapse, Medical and Trauma

All staff attending this day will also have skill station assessments and will sit an Exam. Reading the NZRC book is essential to the successful completion of this course.

The NZRC book will be provided to you on loan, but must be returned within a week of the completion of the course or you will be billed for the cost of the book if not returned on time.

Facilitator: Kathy Lee (Resus Coordinator)

Email: kathy.lee@wairarapa.dhb.org.nz



Start / Finish Time: 8.45am - 4.45pm

Location: Wairarapa Hospital - Training Rooms

Dates: Fri 2 Feb, Fri 1 Mar, Fri 5 Apr, Fri 3 May,
Fri 31 May, Fri 28 June, Fri 26 July, Fri 9 Aug,
Fri 13 Sept, Fri 27 Sept, Fri 25 Oct, Fri 22 Nov,
Fri 13 Dec

ALERT
(ACUTE Life Threatening Event Recognition & Treatment)

This study day is available to:

All Welcome

This is a stimulating 8hr course which provides the participants with the skills to recognise the deteriorating patient. Using the EWS system and ISBAR It will empower participants to communicate with their colleagues when they require assistance in managing the deteriorating patient.

Workbook provided, NO TEST!!!!

Facilitator: Kathy Lee (Resus Coordinator)

Email: kathy.lee@wairarapa.dhb.org.nz



Start / Finish Time: 9.00am - 4.30pm

Location: Wairarapa Hospital- Training Rooms (A,B & C)

Dates: Fri 9 Feb (NETP Only)
Fri 8 Mar, Fri 17 May, Fri 30 Aug , Fri 29 Nov

Acutes Basics

**This study day is available to:
RNs & ENs working in Acutes Services**

This study day is aimed at RN's new to Acute Services and existing Acutes Services staff that would like to refresh their knowledge.

The day covers a variety of topics specific to the Acutes environment, these include documentation, paediatric basics, mental health assessment, CAPD, cardiac presentations, stroke and respiratory failure.

Facilitator: Jenny Percival (Nurse Educator)

Contact: (06) 946-9800 ext 5141 or
mobile (021) 307-855

Email: jenny.percival@wairarapa.dhb.org.nz



Start / Finish Time: 8:30 am - 4.30pm

Location: Wairarapa Hospital- Training Room A

Dates: Wed and Thur 8/9 May, Wed and Thur 30/31 Oct,

Breastfeeding & Safe Baby Training

This study day is available to:

Midwifery Staff (including LMCs) & Paediatric Staff

Breastfeeding education aimed at midwifery and paediatric staff with direct clinical contact with mothers and babies (Level 3). The education provided will be in accordance with NZBA training package and provides up to date evidence based information that enhances clinical practise. The session meets BFHI and Midwifery Council requirements.

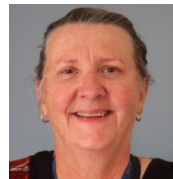
This day also covers SUDI training in accordance with Change for Our Children – the research that underpins the principles of safe sleep for our babies. The training provides tools to be able to undertake conversations around safe sleep for infants, as well as Pepi pod and wahakura education to support the safe sleep programme facilitated by Te Whatu Ora Wairarapa . Shaken Baby training – the principles behind how to educate and discuss with parents the risk of shaken baby and methods of how to manage the crying times in a young babies life.

Facilitator: Julie Foley (Lactation Consultant)

Contact: (06) 946-9800 ext 4108

(021) 515990

Email: julie.foley@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 4.00pm

Location: Wairarapa Hospital— Training Room A

Dates: Wed 24 Apr , Wed 24 Jul, Wed 6 Nov

Casting Workshop

This study day is available to:

RNs & ENs Hospital Staff Only

This workshop covers common patient presentations, the basics of acute casting in the emergency dept, the products available & uses. Practical application of Plaster of Paris (POP) & synthetic casts, splints & slings will be covered including the use of crutches and cast removal.

Facilitator: Jenny Percival (Nurse Educator)

Contact: (06) 946-9800 ext 5141 or
mobile (021) 307-855

Email: jenny.percival@wairarapa.dhb.org.nz



Start / Finish Time: 8:00 am - 4.30pm

Note: the day starts in the ED plaster room at 0800

Location: Wairarapa Hospital- Training Room A/B

Dates: Wed 29 May, Wed 18 Sep

Clinical Core Update—Two days

This study day is available to:

Hospital Staff Only (All RNs, ENs, Midwives & HCAs)

Please Note: The Clinical Core training has increased this year to **two days**.

This day is specifically for RNs, ENs, Midwives and Healthcare Assistants working for the Hospital

The Clinical Core Training is a two-yearly requirement that all Nurses, Midwives and Healthcare Assistants are required to complete. Mandatory training such as resus, fire and evacuation, moving and handling and infection prevention & control is included in the training, as well as other clinical content such as managing a deteriorating patient, medication safety and more. Time has also been allocated for staff to complete mandatory e-learning.

Facilitator: Hannah Chittick (Nurse Educator)

Contact: (06) 946-9800 ext 5781 or
mobile (027) 537 8835

Email: hannah.chittick@wairarapa.dhb.org.nz



Start / Finish Time: 8.00am - 4.30pm

Location: Wairarapa Hospital - Training Centre Room A

Dates:

1. Wed 14 Feb and Thur 15 Feb
2. Wed 10 April and Thurs 11 Apr (Location TBC)
3. Wed 12 Jun and Thur 13 Jun
4. Wed 14 Aug and Thur 15 Aug (Location TBC)
5. Wed 9 Oct and Thurs 10 Oct
6. Wed 11 Dec and Thur 12 Dec

Continence & Stoma

This study day is available to:

All Welcome

This day will cover the following topics:

- ◆ **Incontinence; incontinence products and application.**
- ◆ **Bladder retraining and pelvic floor exercises.**
- ◆ **Dementia cares.**
- ◆ **Bladder washouts; drugs; colonoscopy; uridome application.**
- ◆ **Stomal Care Practical - what stoma is?**
- ◆ **Appendectomy cares, nephrostomy cares, fistula management.**

Facilitator: Christina Cameron (Clinical Nurse Specialist)

Contact: (06) 946-9800 ext 5701 or
mobile (027) 687-5235 or DDI 377-9363

Email: christina.cameron@wairarapa.dhb.org.nz



Start / Finish Time: 8.00am - 4.30pm

Location: Wairarapa Hospital -Training Room A

Dates: Weds 16 Oct

Diabetes

This study day is available to:

Hospital based ward nurses however, also suitable for all hospital nurses

Diabetes For RNs Working in the Hospital Settings

4 hours pre-reading (will be sent out 2 weeks prior)

Focus on:

Basic pathophysiology of T1DM and T2DM

Signs and symptoms of diabetes

Blood test requirements on admission

Face to face: 8:30-12:30

Sessions to include:

Medications used in diabetes

Insulins

Medication charts

Hypo-management in the acute setting Vs community setting

Foot assessment; opportunist screening

Facilitator: Jessica Baker (Clinical Specialty Nurse)

Contact: (027) 257 0816

Email: Jessica.baker@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 12.30pm

Location: Wairarapa Hospital - CSSB Lecture Room

Dates: Thurs 2 May

Diabetes

This study day is available to:

All ARC nurses, also suitable for any RN's working in other long term care facilities

Diabetes in Aged Care Settings

4 hours pre-reading (will be sent out 2 weeks prior)

Focus on:

Burden of diabetes in the elderly

Basic pathophysiology of T1DM and T2DM

Blood glucose monitoring, the who, when and why?

Diabetes assessment

4 hour Zoom

Sessions to include:

Medications used in diabetes

Insulins

Hypoglycaemic management

Hyperglycaemia, sick day management

Diabetes management in palliative care

Facilitator: Sophie Blackett (Nurse with Specialist Interest)

Contact: (027) 292 0965

Email: Sophie.Blackett@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 12:30pm

Location: Wairarapa Hospital - CSSB Lecture Room

Dates: Thurs 11 April

Epidural Workshop

This study day is available to:

Midwives & LMCs

The morning session is run by an Anaesthetist and the Pain Nurse Specialist covering the requirements for the face to face component of the Regional Recertification Programme. The afternoon is a refresh of opiate prescribing and the Midwifery Council online training package.

Facilitator: Alex Williamson (Midwife Educator)

Contact: Mobile (027) 383-0189

Email: alex.williamson@wairarapa.dhb.org.nz



Start / Finish Time: 10:00am - 2.00pm

Location: Wairarapa Hospital—Training Room A/ Training Room C

Dates: Mon 24 June (Training Room A) and Wed 4 Sept

Health of the Older Person

This study day is available to:

All Welcome

This day will cover the following topics:

- ◆ Health Assessment
- ◆ Illness and ageing
- ◆ Selected clinical case studies
- ◆ Delirium, dementia and depression
- ◆ Pharmacology
- ◆ Elder abuse
- ◆ Optimising nutrition
- ◆ Rehabilitation

The topics may vary from those listed above.

Facilitator: Anita Baker, Health of the Older Person CNS

Contact: Mobile (027) 510 2223

Email: [Anita Baker@wairarapa.dhb.org.nz](mailto:Anita.Baker@wairarapa.dhb.org.nz)



Start / Finish Time: 8.30am - 4.30pm

Location: Wairarapa Hospital Training Room A

Dates: Mon 18 Nov

Healthcare Assistants

This study day is available to:

**All HCAs & Home Support Workers
(Permanent, Casual and Aged & Residential Care)**

Aim: To provide ongoing education for Healthcare Assistants working in a variety of settings such as the hospital, rest homes and community care.

Objectives: The programme content is aimed at providing Healthcare Assistants with education pertinent to their working environment. The study day is designed to be interesting and interactive, and the content will change each year in response to feedback. Suggestions for relevant topics are most welcome. The overall goal for these study days is to enable Healthcare Assistants to provide patients/residents with excellent care based upon current trends.

Facilitator: Alice Stewart (Nurse Educator)

Contact: (06) 946-9800 ext 5780 or
Mobile (021) 307-420

Email: alice.stewart@wairarapa.dhb.org.nz



Start / Finish Time: 8.00am - 4.00pm

Location: Wairarapa Hospital— Training Room A

Dates: Tue 21 May, Wed 13 Nov

Infection Prevention and Control

These study days are available to:

- 1. Hospital based staff (16/5/24)**
- 2. Community based staff in second half of year, date TBC**

Aim: The aim of this study day is to provide ongoing education and updates on Infection Prevention and Control for staff working in the hospital environment, aged care facilities and medical centres.

Objectives: The programme content will change each year in response to current Infection Prevention and Control issues.

Facilitator: Lizzie Daniell (Clinical Nurse Specialist)

Contact: (06) 946-9800 ext 5618 or
mobile (027) 687-5280

Email: lizzie.daniell@wairarapa.dhb.org.nz



1. Start / Finish Time: 8.30am - 3.30pm

Location: Auditorium at the Learning Centre, Hutt Hospital.

Dates: Thurs 16 May Infection Prevention & Control for hospital based staff—
Register by emailing infectioncontrol@huttvalleydhb.org.nz

2. Start / Finish Time: TBC

Location: TBC

Dates: 2024 Infection Prevention & Control for community based staff details TBC

IV Training - Phlebotomy & Cannulation

This study day is available to:

**Primary care, aged care and hospital-based registered nurses, midwives,
anaesthetic technicians**

You must book a minimum two weeks prior to any IV Training to allow time for pre-learning to be completed.

You will be contacted regarding the pre-learning for all IV Training.

Phlebotomy

Current certification in generic intravenous & related therapies is a pre-requisite for hospital-based staff.

The aim of this session is to train registered health professionals on how to effectively draw blood samples from a peripheral vein, using a variety of blood collection methods and equipment.

Peripheral IV Cannulation

Current certification in generic intravenous & related therapies is a pre-requisite for hospital-based staff.

The aim of this session is to train registered health professionals on how to effectively insert a peripheral IV cannula into a peripheral vein.

Please note there is a maximum of 8 spaces available for this training.

Location: Wairarapa Hospital- Training Room A

Phlebotomy & Cannulation

Start / Finish Time: 8.30am - 4.30pm

Dates: Wed 6 Mar, Wed 5 Jun, Wed 11 Sep, Tue 10 Dec

Refer to next page for Facilitator contact details

**IV Training -
Central Venous Access Device (CVAD)
Care & Management**

This study day is available to:

Hospital Staff Only

Central Venous Access Devices (CVAD)

The aim of this session is to train registered health professionals on how to effectively care for and manage patients with CVAD's in the clinical setting.

Current certification in generic intravenous & related therapies is a pre-requisite for hospital-based staff.

Please note there is a maximum of 8 spaces available for this training.

Facilitator: Jenny Percival (Nurse Educator)

Contact: (06) 946-9800 ext 5141 or
mobile (021) 307-855

Email: jenny.percival@wairarapa.dhb.org.nz



Location: Wairarapa Hospital- Training Room A

Central Venous Access Device (CVAD)

Start / Finish Time: 8.30am - 1.00pm

Dates: Mon 4 Mar, Wed 10 Apr, Wed 26 Jun, Wed 14 Aug, Mon 14 Oct, Wed 4 Dec

Long Term Conditions (Care & Management)

This study day is available to:

All RNs & ENs

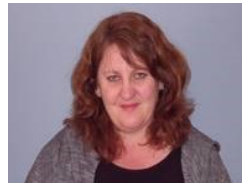
This study day is designed to provide education around long term chronic conditions.

This day will include a variety of interesting presentations from our CNS team and invited others on long term conditions. Including wound management, Cardiac conditions and Respiratory conditions.

Facilitator: Celeste Taylor (CNS—long term conditions)

Contact: mobile (027) 2759219

Email: celeste.taylor@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 5.00pm

Location: Wairarapa Hospital - Training Room A

Date: Mon 25 Sept

Foundation Safety Interventions Course

(Formally known as **MAPA**)

This study day is available to:

Hospital Staff Only - See Notes Below

Foundation Programme

What will I learn?

- Prevention and deceleration strategies including trauma informed care.
- Decision making and managing behavioural risk
- Minimising and managing behavioural risk using disengagement and holding strategies
- What to do post crisis

All courses are two days.

Additional courses may be considered if there is demand.

Who is it for?

All staff who are at risk of encountering people who have the potential to exhibit challenging behaviour. Priority will be given to the following departments / staff groups within the Hospital Nurses, HCAs (particularly from MSW and Emergency Department) and Orderlies/Security staff.

Spaces are limited.

Foundation Safety Intervention 2024 dates:

Please email: Julia.Parker@wairarapa.dhb.org.nz

Foundation Safety Interventions Course—Refresher (Formally known as MAPA Refresher)

This study day is available to:

This course is available to Hospital staff who have completed the full Foundation Safety Interventions / MAPA course only

Foundation Refresher

In order to insure ongoing accreditation, a refresher is required every 12 months due to the volume of information covered and complexity of disengagements and holds in the initial course. To be effective, trainees need to demonstrate competence in a range of skills which can be challenging if they have not regularly used these skills in practice since training. Refresher courses are designed to recap on information and skills taught and to provide an opportunity to relearn or consolidate knowledge and skills ensuring staff confidence. They can also be used to problem solve issues particular to a certain job or department.

Refresher courses can be arranged for individuals, within departments or organisation wide depending on demand.

Please discuss with your Manager and contact Julia Parker as per details below.

Facilitator: Julia Parker (Restraint Coordinator)

Contact: (06) 946-9800 ext 5821

Email: julia.parker@wairarapa.dhb.org.nz



Mechanical Ventilation

**This study day is available to:
Acute and Peri-Op Services Staff**

This study day is aimed at RN's new to Acute Services and existing Acute Services staff that would like to refresh their knowledge.

This day covers the basics of managing a patient on mechanical ventilation. The sessions include respiratory physiology, medications used for intubation & maintaining sedation, ABG's, vasoactive agents and pain management. The practical sessions include patient cares, suctioning, arterial lines and programming the ventilator.

Facilitator: Jenny Percival (Nurse Educator)
Contact: (06) 946-9800 ext 5141 or
mobile (021) 307-855
Email: jenny.percival@wairarapa.dhb.org.nz



Start / Finish Time: 8:30 am - 4.30pm

Location: Wairarapa Hospital- Training Room A

Dates: Wed 17 Apr, Wed 25 Sep

MHAIDs Study Day

This study day is available to:

**Hospital RN, ENs, Nurse Practitioners, RMOs and
Primary Care Nurse Practitioners**

Older Adult Mental Health

This will be covering psychiatric medications; depression in the elderly; delirium v psychosis; EPOA and guardianship; overview of services from FOCUS

Start / Finish Time: 8:30 am - 4.00pm

Location: Wairarapa Hospital - Training Room C

Dates: Wed 29 May

Mental Health Study Day

This will be covering a brief overview of local services; Mini-Mental state examination; overview of Mental Health Act including S111 and s8a through to s11; commonly used medications

Start / Finish Time: 8:30 am - 4.00pm

Location: Wairarapa Hospital - Training Room C

Dates: Wed 18 Sep

Facilitator: Jo Van Tright (Nurse Educator)

Contact: mobile (027) 269 8926

Email: jo.vantright@mhaids.health.nz



Midwifery Emergency Day

This study day is available to:

Midwives, LMCs, DNMs & Theatre Nurses

This is now a combined emergency day that includes maternal CPR, neonatal Resuscitation, and half a day of obstetric emergency drills. The evidence shows that regular practice of emergency skills is beneficial and so the inclusion of this annually will maintain currency of knowledge and skills, enhance intra and inter professional relationships and assist in enhancing common understanding and terminology around emergencies.

Facilitator: Alex Williamson (Midwife Educator)

Contact: Mobile (027) 383-0189

Email: alex.williamson@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 5.00pm

Location: Wairarapa Hospital - Training Rooms A - C

Dates: Mon 25 Mar, Mon 19 Aug, Mon 11 Nov

New Graduate RN/EN Programme

This information is applicable to: NETPs/ENSIPPs Only

New Zealand nursing graduates commence their careers here and are well supported, safe, skilled and confident in their clinical practice. They are equipped for further learning and professional development to meet the needs of health and disability support service users and employers, and form part of a sustainable pathway for the New Zealand nursing workforce into the future.

The new graduate programmes for RNs and ENs are 12 months in duration, however graduate nurses can complete their programme in 10 months if they have met all the training programme requirements.

Facilitator: Hannah Chittick (Nurse Educator)
Contact: (06) 946-9800 ext 5213 or
mobile (027) 537-8835
Email: hannah.chittick@wairarapa.dhb.org.nz



Start / Finish Time: 8.00am - 4.30pm
NETP/ ENSIPP Orientation
Mon 15,16, 17 Jan

Start / Finish Time: 8.15am - 4.45pm
NETP/ ENSIPP Study Days
Weds 20 Mar, Weds 3 Jul -
Training Room A

Orthopaedic

This study day is available to:

All Welcome

This day will cover the following topics:

- Anatomy and physiology
- Care of patients who have had Joint replacements
- Wound care
- Infection and the consequences for orthopaedic patients
- Compartment syndrome
- Care of the patient in a cast including a practical session
- Slings and their uses
- Traction including a practical session
- Any questions you may have about caring for the orthopaedic patient

Note: Suitable for all health professionals who wish to learn more about caring for the orthopaedic patient.

Facilitator: Doreen McKeever (Clinical Nurse Specialist)

Contact: (06) 946-9800 ext 4163 or
mobile (027) 687-5278

Email: doreen.mckeever@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 5.00pm

Location: Wairarapa Hospital—Training Room A

Dates: Fri 7 Jun

Pain Management

This study day is available to:

All Welcome

This day will cover the following topics:

- ◆ Understanding pain (quick overview).
- ◆ Anatomy, physiology and psychology of Pain.
- ◆ Pain assessment.
- ◆ Multimodal analgesia / pharmacology of analgesics / adjuncts.
- ◆ Using analgesics safely and effectively.
- ◆ Pain protocols / Hands on with current equipment.
- ◆ Nursing care of post regional anaesthesia patients.

Facilitator: Corrina Rooderkirk (Clinical Nurse Specialist)

Contact: Mobile (027) 675-8502

Email: corrina.rooderkirk@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 5.00pm

Location: Wairarapa Hospital - Training Room A

Dates: Fri 4 October

Palliative



Palliative care is an integral part of all clinical care for the person with a “Life Limiting Illness”, their family and whanau and friends.

The need for education in Palliative Care has never been greater. The incidence of “Life limiting illnesses” is rising all over the world. Cancer is only one life limiting disease. Think of our elderly, patients with Dementia, Cardiac, Respiratory, Renal and Neurological diseases etc. These patients have a disease that is unable to be cured.

Palliative Care is looking at how we are able to support these patients, their family and whanau and friends collaboratively within an interdisciplinary model of care.

Sharing specialist knowledge of Palliative Care will ensure that any person with a life limiting illness will be provided with quality care as they head towards the end of their life.

Facilitator: Bernie Sellwood (Nurse Educator)

Contact: Mon, Tues & Wed —027 230 7408

Email: bernie.sellwood@wairarapa.dhb.org.nz



Refer to pages 31 - 33 for training information that is available for this year including dates / locations.

Palliative - Training Days & Sessions

Hospice NZ Palliative Lecture Series

These are online presentations with up-to-date subjects presented by experts in their field of practice re Palliative Care issues. Some of these presenters are from NZ but we also have presenters from around the world invited to present.

These lectures are open to ALL. NO booking is required. Lectures are via teleconference and powerpoint presentation.

Register through Hospice NZ -

<https://www.hospice.org.nz/education-training/palliative-care-lecture-series/>

Syringe Driver Training and Competency

“Breaking down the barriers of only using syringe drivers when a patient is dying!”

Utilising the syringe driver to manage symptoms.

This has two components an online and practical

All RNs/ENs involved in syringe driver management welcome

Please note that dates will be arranged directly with Bernie Sellwood via email or phone

Palliative (continued)

Build Your Knowledge

This is for staff already working in a palliative care setting who wish to build on their knowledge, this is a one day course that includes case studies and assessment skills.

Please bring your own device and stethoscope

Venue: Wairarapa Hospital

Time: 8.00am—12:00pm

Date: TBC

All RNs welcome.

Fundamentals of Palliative Care

This course provides a broad overview of how to provide palliative care to people in their last days of life.

The programme is delivered via a blended model of learning, consisting of five online modules which include reflection exercises and three workshops.

Topics include:

- Palliative care concepts and the culture of palliative care
- Communication, ethics, and spirituality
- Managing pain and long-term illness
- Care and support at the end of life

Venue: Wairarapa Hospital— Training Room C

Time: 9.00am - 5.00pm

Dates: Tue 9 Apr, Tues 10 Sept

Open to RNs/ENs/Allied Health

Please book directly with Bernie Sellwood via email or phone for this course.

This training is open to all Wairarapa Hospital staff.

PDRP

This study day is available to:

All RNs & ENs

Come to a PDRP Workshop to get motivated to complete your PDRP!

The aim of this workshop is to give nurses an understanding of the Wairarapa & Hutt Valley Hospitals Professional Development and Recognition Programme (PDRP) and to provide a practical guide for putting together a portfolio.

Content of the day includes:

- ◆ What is PDRP and why is it important?
- ◆ The Wairarapa & Hutt Valley Hospitals PDRP Handbook.
- ◆ A Practical guide to portfolio – planning.
- ◆ A Practical guide to portfolio – doing.
- ◆ The Portfolio Review Process.

The 4 hour workshop runs from 9am - 1pm.

Facilitator: Teresa Fraser (Nurse Coordinator)

Contact: (06) 946-9800 ext 5782 or
mobile (027) 510-2223

Email: teresa.fraser@wairarapa.dhb.org.nz



Start / Finish Time: 9.00am - 1.00pm

Location: Wairarapa Hospital—Training Room A

Dates: Weds 13 Mar, Weds 19 Jun, Wed 2 Oct,

Preceptor

This study day is available to:

All RNs & ENs

This 8 hour study day is designed to give future nursing preceptors (or current preceptors undergoing refresher training) the knowledge and skills to successfully preceptor nursing students, new staff and new graduate RNs (NETPs). In line with the National Framework for Nursing Preceptorship Programmes, this study day will engage learners with content including honouring and role modelling Te Tiriti o Waitangi principles in the clinical setting; adult learning and teaching styles, encouragement of critical thinking, conflict resolution and much more!

Effective preceptorship results in increased staff satisfaction, improved orientation and socialisation of new staff into the workplace, and therefore increased retention of staff. To be a part of this improvement in your workplace, register today! Or contact me if you would like further information.

Facilitator: Ange Williams (Clinical Coach NETP)

Contact: (06) 946-9800 ext 5213 or
mobile (021) 306 750

Email: Ange.Williams@wairarapa.dhb.org.nz



Start / Finish Time: 8.00am - 4.30pm

Location: Wairarapa Hospital- Training Room C

Dates: Weds 6 Mar, Weds 3 Jul, Weds 6 Nov

Practical Obstetric Multi – Professional Training (PROMPT)

This study day is available to:

Midwives, LMCs, RNs, ENs, HCAs, DNMs & SMOs

PROMPT (Practical Obstetric Multi-Professional Training) is an evidence based multi-professional training package for obstetric emergencies. It is associated with measurable improvements in perinatal and maternal outcomes. It has been shown to improve knowledge, clinical skills and team working.

PROMPT courses have been run in Aotearoa New Zealand since 2006 and more than two thirds of the country's birthing units have run PROMPT training. There have been over 5000 individuals attendances and more than 2500 course manuals have been sold.

PROMPT's multi-professional approach and local adaptability make it a cost-effective way to ensure all staff providing maternity and labour care can work confidently and effectively together when a childbirth emergency occurs.

Facilitator: Alex Williamson (Midwife Educator)

Contact: Mobile (027) 383-0189

Email: alex.williamson@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 5.00pm

Location: Wairarapa Hospital - Training Room A

Dates: Mon 6 May , Mon 9 Dec

Satellite Education (Rural Health Day)

This study day is available to:

All RNs & ENs / Medical Staff

This study day is suitable for nurses working in acute care settings. The day consists of evidence based clinical nursing practice presented by health professionals from around New Zealand.

Facilitator: Jenny Percival (Nurse Educator)

Contact: (06) 946-9800 ext 5781 or
mobile (021) 307-855

Email: jenny.percival@wairarapa.dhb.org.nz



Facilitator: Alice Stewart (Nurse Educator)

Contact: (06) 946-9800 ext 5780 or
mobile (021) 307-420

Email: Alice.Stewart@wairarapa.dhb.org.nz



Start / Finish Time: 9.00am - 4.30pm

Location: Wairarapa Hospital - CSSB Lecture Room

Dates: Thur 20 Jun

Serious Illness Conversation Workshops

This study day is available to:

All Hospital/Community RNs & ENs / Medical Staff/ ARC/GPs

This 3-hour training is valuable for clinical staff who have serious illness conversations with their patients and is particularly relevant for staff involved in discussing and documenting Shared Goals of Care. Workshops are free to attend.

For more information:

<https://www.myacp.org.nz/serious-illness-conversations>

To book email acp@ccdhb.org.nz

Facilitators: Dr Clare French, General Surgeon Wairarapa Hospital

and

Sean Thompson, Advance Care Planning Systems

Development Manager



Contact: Via Kylie Elwin 027 2127598
mobile (021) 307-855

Email: kylie.elwin@wairarapa.dhb.org.nz

Start / Finish Time: 10:00 -1:30

Location: Wairarapa Hospital - CSSB Lecture Room

Dates: Tue 26 Mar and Tue 3 September

Surgical Patient Essentials

This study day is available to:

RNs and ENs

This study day is designed to give registered & enrolled nurses working with adults and children insight into the effects of anaesthetic drugs and physiological changes that occur to their patient whilst in surgery. Possible complications that may present on the ward will also be discussed. Topics covered will include:

- Types of anaesthesia & effects of surgery
- Pre-assessment
- Respiratory changes under anaesthesia & atelectasis
- Respiratory assessment and escalation of patient care
- Anaesthesia pharmacology
- Regional anaesthesia including spinal & epidural assessment
- Perioperative Diabetes management
- Nursing management post-operative complications

After you have completed this day you will be able to

- nurse your post-operative patient with a greater confidence
- have an in-depth understanding of changes that occur during anaesthesia & surgery
- knowledge of how to escalate patient at risk of deterioration

Facilitator: Amber Cox (Nurse Educator)

Contact: (06) 946-9800 ext 4958 or
mobile (027) 230-6996

Email: amber.cox@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 4.00pm

Location: Wairarapa Hospital - Training Room C

Dates: Wed 22 May, Wed 13 Nov

Suturing and Pelvic Floor Workshop

This study day is available to:

Midwives & LMCs

This session is run by a Physiotherapist regarding pelvic floor care, advice and support networks for women. Practical session run by the Obstetrician giving the opportunity to practice suturing and use of equipment and threads.

Facilitator: Alex Williamson (Midwife Educator)

Contact: Mobile (027) 383-0189

Email: alex.williamson@wairarapa.dhb.org.nz



Start / Finish Time: 10.00am - 3.00pm

Location: Wairarapa Hospital—Training Room C

Dates: Wed 12 June, Mon 4 Nov

VAC Dressing

**This study day is available to:
Hospital Staff Only (All RNs, ENs, DNs)**

Presenter: Kim Struthers, Intermed Rep

A VAC study day has kindly been offered by Kim Struthers from *Intermed* to the staff at Wairarapa Hospital.

This will be an interactive day and you will be taught recommended best practice for VAC dressings.

The expectation from this day is that you become a certified VAC champion for your area so that you can share your knowledge and expertise with other staff.

Minimum of 10 attendees

Maximum of 16 attendees

Facilitator: Alice Stewart (Nurse Educator)
Contact: (06) 946-9800 ext 5780 or
mobile (021) 307-420
Email: Alice.Stewart@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am – 3.30pm

Location: Wairarapa Hospital — Training Room A

Dates: Tues 16 Apr

Violence Intervention Programme (VIP) - Full Day

This study day is available to:

All Wairarapa Hospital Employees

Before the course:

Pre course information will be sent to participants in advance.

- It is highly recommended that participants set aside time to complete this due to the nature of course content and to get the most out of the training day.
- This will ensure participants are familiar with course content and give them a chance to raise any issues they may have before the training day.

On the day:

The day focuses on the health impacts of Intimate Partner Violence (IPV) and Child Abuse and Neglect (CAN) and how health professionals respond to these.

- Dynamics of Intimate Partner Violence (IPV) and Child Abuse and Neglect (CAN).
- The Ministry of Health Six Step Response to Intimate Partner Violence (IPV) and Child Abuse and Neglect (CAN).
- An opportunity to hear from other professionals working with those affected by Intimate Partner Violence (IPV) and Child Abuse and Neglect (CAN) in different settings.

Refer to page 43 for Facilitators' contact details for this training.

Start Time: 8.15am - 5.00pm

Location: Wairarapa Hospital- Taku Wahi (Maori Health Unit)

Dates: Tues 28 May, Tues 27 Aug, Tues 26 Nov

Violence Intervention Programme (VIP) - Refresher Training

This study day is available to:

All Wairarapa Hospital Employees

This is an update session to give staff an understanding of the refreshed Ministry of Health's Family Violence Assessment and Intervention Guideline (FVAIG, 2016) and what it means for practice.

Review 6 step process .

This refresher training must be attended every 2 years (you must however need to have done the full day training before attending this session).

Refer to page 44 for Facilitators' contact details for this training.

Start Time: 9.30am - 11.30am

Location: Wairarapa Hospital - Taku Wahi (Maori Health Unit)

Dates: Tues 21 May, Tues 20 Aug, Tues 19 Nov

Violence Intervention Programme (VIP) Training - Facilitators Info

Facilitator: Narina Sewell (VIP Clinical Coordinator)

Contact: (06) 946-9800 ext 6221

Email: narina.sewell@wairarapa.dhb.org.nz



Facilitator: Kate Riddell (Clinical Coordinator)

Contact: (06) 946-9800 ext 6221

Email: Kate.riddell@wairarapa.dhb.org.nz



Workplace Assessor Training

This study day is available to:

All Senior RNs

Aim: This course prepares senior nurses who will be involved in competency assessment within the workplace. On completion all participants will have an increased understanding of what is competence, portfolio and clinical skills assessment and be able to effectively support staff through an assessment process. The day will cover the following:

- ◆ The HPCA Act 2003 and its effect on nursing.
- ◆ Overview of roles and responsibilities.
- ◆ Tools for having critical conversations and giving effective feedback.
- ◆ Written appraisal and assessment skills.
- ◆ Portfolio competence assessment.
- ◆ Clinical skills competency assessment (basic and advanced IV therapy).

Staff are encouraged to have a proficient portfolio and a letter of manager support for undertaking this training.

Facilitator: Amber Cox (Nurse Educator)

Contact: (06) 946-9800 ext 4958 or
mobile (027) 230-6996

Email: amber.cox@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 4.00pm

Location: Wairarapa Hospital - Training Room A, CSSB Lecture Room

Dates: Tue 12 Apr, (training Room A)
Thur 19 September (CSSB Lecture Room)

Wound Care Study Day

This study day is available to:

RNs and ENs

The wound care study day includes:

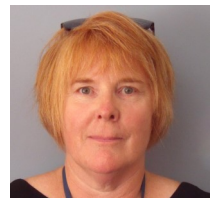
- ◆ Aseptic technique
- ◆ Dressing selection
- ◆ Case Studies – group sessions
- ◆ Antimicrobial stewardship
- ◆ Lymphoedema CNS
- ◆ Diabetic High Risk Foot Clinic talk
- ◆ Negative Pressure Therapy and Pico
- ◆ Pressure Injury Prevention and Management

Staff are encouraged to have managers support for undertaking this training.

Facilitator: Lesley Poulsen – How

Contact: mobile (027) 207 5386

Email: Lesley.Poulsen-How@wairarapa.dhb.org.nz



Start / Finish Time: 8.30am - 4.30pm

Location: Wairarapa Hospital - CSSB Lecture Room

Dates: Thur 15 Aug

Te Whatu Ora
Health New Zealand