



Proficient RN Portfolio

Please replace the details below with your Name, Workplace and Month/Year of submission.

NAME

Workplace

Month Year





Proficient RN Portfolio Contents

- a) Application Letter signed
- b) Copy of current CV or resume
- c) Copy of entry on online NCNZ register showing current APC
- d) Current Performance Appraisal eg. Mo Tatou (within the last 12 months) signed
- e) Self assessment **Proficient** level against the NCNZ competencies **signed**
- f) Senior nurse assessment **Proficient** level against the NCNZ competencies **signed**
- g) Professional development plan OR Career plan signed
- h) Manager Support Letter completed supporting Proficient and signed
- i) Evidence of 450 practice hours over last 3 years validated & signed by Manager
- j) Evidence of 60 Professional Development Hours over past 3 years including evidence of Code of Conduct training since 2012 validated & **signed** by Manager
- k) Reflections on three Professional Development activities

Proficient Requirements

- a) Evidence demonstrating involvement in a quality initiative or practice change and evidence of implementation evaluation, this includes support from manager.
- b) Evidence demonstrating teaching **OR** preceptoring **OR** supporting the skill development of colleagues. Evidence of teaching, preceptoring or supporting the skill development of colleagues should include your reflection and feedback from the person(s) taught, preceptored or supported.
- c) Evidence illustrating the ability to manage and coordinate care for patients with complex needs using a model of reflection (**must** use recognised model of reflection).





Application Letter

				Please o	omplete al	l secti	ons below					
	(please note,	with the ex	ception of Gradu	iate Nurse	es, certificates	are iss	ued to Profici	ent, Expe	ert and	Accomplis	shed le	vel only)
Nam												
as you	want it to appe	ar on your ce	rtificate (please p	rint clearly	in this box):							
APC	Number						Expiry Da	te:				
	cplace:						ı	ı				
Mana	ager Name:						Managers Title:	5				
This	portfolio is f	for (pleas	e circle or del	ete): En	rolled Nurs	e		Regist	ered	Nurse		
This	portfolio is f	for (pleas	e circle or dele	ete): C	ompetent	Prof	icient E	xpert	Acc	complish	ed	DSN
			Decla	ration	(Please	tick d	all applic	able)				
	I declare the			nis portf	folio are my	own (work and it	ftaken	from	papers,	journ	als or books,
	I declare t		re I have sub	omitted	joint work	z, I ha	ive fairly a	nd acc	urate	ly descri	ibed	my personal
			closed work (it competenci		•			ccurred	l in th	e previo	us thr	ee years and
	I am preprequired	ared to p	provide authe	enticatio	n data cor	nfiden	tially to th	e mod	erato	r or ass	essme	ent panel of
			material rem tence Assura			to the	e assessor(s) unle	ess c	overed (under	the Health
		y the Ne	w Zealand N									xternal or as n 2 weeks if
	I understar	nd than n	one of my wo	rk will b	e used for a	any otl	her purpose	e unles	s it ha	ıs my spe	ecific (consent
	I declare th	nat this po	ortfolio repres	ents a c	onsistent d	emon	stration of	my pra	ctice			
Signo	ature:						Date:					





Please remove this page and insert a copy of your CV/resume.





Please remove this page and insert a print out of your Nursing Council of New Zealand registrations entry from:

www.nursingcouncil.org.nz

Click the link above to visit the NCNZ website, enter your APC number into the *Search the Register* box, click on your name and print the page.





Please remove this page and insert a signed copy of your Annual Performance Appraisal for example:

- Wairarapa DHB's Mo Tatou Performance Review
- Your organisations performance review document

This must be less than 12 months old at the time of submission.





Self and Competency Assessment of NCNZ Competencies for Proficient Registered Nurse

For use when applying for progression on the Proficient Registered Nurse PDRP Level **or** when completing the three yearly performance reviews for maintenance of Proficient Registered Nurse PDRP level and to meet NCNZ Continuing Competency Requirements

Self and Senior Nurse Assessment Process:

- a) Applicant must complete the self-assessment prior to competency assessment
- b) Self-assessment must reflect the national PDRP framework for Proficient level of Competence (see your DHB's PDRP Handbook for details)
- c) Individual examples of practice must be verified by a Registered Nurse or the senior nurse assessor
- d) Examples of practice must be within the previous 12 months
- e) The Senior Nurse Assessor must:
 - Have a current APC
 - Hold a senior nurse title (e.g CNM, ACNM, CNE) or the Manager can delegate to a senior RN
 who is a Proficient, Expert or Designated Senior nurse on the PDRP Pathway or in the case of
 primary care a delegate senior nurse
 - Have at least 3 years of clinical experience in the clinical area
 - Be familiar with the practice of the nurse completing the portfolio
 - Completed workplace assessor training or similar

Details of Applicant
Name:
APC number:
APC Expiry:
Workplace:
PDRP Level:
Role:

Details of Senior Nurse Assessor	Details of Senior Nurse Assessor
Name:	Name:
APC number:	APC number:
APC Expiry:	APC Expiry:
Workplace:	Workplace:
PDRP Level: :	PDRP Level: :
Role:	Role:





1	-	/ and Proficient Performar N 1: Professional Responsibilit	
	Self-Assessment – you	u must include a practice example	of how you meet this competency
1.1 Accepts responsibility for ensuring that his/her nursing practice and conduct meet the standards of the professional, ethical and relevant legislated requirements.			
Indicator e.g. describe how you role model to ensure professional, ethical or legislated requirements are upheld in your area of practice.			
		nent - you MUST include a practice	e example of how nurse meets
	competency		
Competency Met	Competency Not Met	Name of Competence Assessor:	Verifying RN if different from Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 1: Professional Responsibility Self-Assessment – you must include a practice example of how you meet this competency 1.2 Demonstrates the ability to apply the principles of the Treaty of Waitangi/Te Tiriti o Waitangi to nursing practice **Indicator** e.g. using an example from practice, describe how you assist colleagues to apply the principles of the Treaty to their nursing practice. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Not Met Name of Competence Verifying RN if different from **Competency Met** Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 1: Professional Responsibility Self-Assessment – you must include a practice example of how you meet this competency 1.3 Demonstrates accountability for directing, monitoring and evaluating nursing care that is provided by Registered **Nurses, Enrolled** nurses and others. e.g. describe how you assist colleagues to understand the decision making process for delegation by an RN. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Met Competency Not Met Name of Competence Verifying RN if Assessor: different from Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 1: Professional Responsibility Self-Assessment – you must include a practice example of how you meet this competency 1.4 Promotes an environment that enables patient/client safety, independence, quality of life, and health. e.g. using an example from practice describe an environmental safety risk issue in your area of practice that you identified and how you were involved in a process to minimise this risk. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Met Competency Name of Competence Assessor: Verifying RN if different from Not Competence Assessor: Met 🗌





NCNZ Competency and Proficient Performance Indicator DOMAIN 1: Professional Responsibility Self-Assessment – you must include a practice example of how you meet this competency 1.5 Practices nursing in a manner that the patient/client determines as being culturally safe. e.g. using an example from practice, describe how cultural difference can impact on nursing care delivery and how you assist your colleagues to avoid imposing prejudice on others. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Name of Competence Assessor: Verifying RN if different from Competency Met Competency Not Competence Assessor: Met 🗌





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing Care Self-Assessment – you must include a practice example of how you meet this competency 2.1 Provides planned nursing care to achieve identified outcomes. e.g. using an example from practice, describe how you prioritise care to achieve identifiable outcomes including reference to literature or evidence. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Met Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing Care Self-Assessment – you must include a practice example of how you meet this competency 2.2 Undertakes a comprehensive and accurate nursing assessment of clients in a variety of settings. e.g. using an example from practice, describe how you undertake a nursing assessment of a patient/client using a specific assessment tool and the merits and limitations of it. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency **Competency Met** Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing Care Self-Assessment – you must include a practice example of how you meet this competency 2.3 Ensures documentation is accurate and maintains confidentiality of information. e.g. using an example from practice describe how you role model to ensure documentation meets legal requirements and maintains patient/client confidentiality. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency **Competency Met** Competency Not Met Name of Competence Verifying RN if different from Competence Assessor: Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing Care Self-Assessment – you must include a practice example of how you meet this competency 2.4 Ensures the client has adequate explanation of the effects, consequences and alternatives of proposed treatment options. e.g. give an example of a time when you sought clarification from relevant members of the healthcare team regarding the individual's request to change and/or refuse care. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Not Met Name of Competence Verifying RN if different from **Competency Met** Assessor: Competence Assessor:





		and Proficient Performand : Management of Nursing Car	
2.5 Acts	Self-Assessment – you r	nust include a practice example c	of how you meet this competency
2.5 Acts appropriately to protect oneself and others when faced with unexpected client responses, confrontation, personal threat or other crisis situations.			
e.g. using an example from practice, describe your management of an unexpected clinical situation, including the formal or informal debrief.	Senior Nurse Assessment competency	nt - you MUST include a practice	example of how nurse meets
Competency Met	Competency Not Met	Name of Competence Assessor:	Verifying RN if different from Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing Care Self-Assessment – you must include a practice example of how you meet this competency 2.6 Evaluates client's progress towards expected outcomes in partnership with clients. e.g. using an example from practice, describe how you evaluate progress in partnership with your patients/clients and the MDT. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency **Competency Met** Competency Not Met Name of Competence Verifying RN if different from Competence Assessor: Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing Care Self-Assessment – you must include a practice example of how you meet this competency 2.7 Provides health education appropriate to the needs of the client within a nursing framework. e.g. Using an example from practice, describe the different formal and informal teaching methods you use that are appropriate for your patients/clients. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Verifying RN if different from **Competency Met** Competency Not Met Name of Competence Competence Assessor: Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing care Self-Assessment – you must include a practice example of how you meet this competency 2.8 Reflects upon, and evaluates with colleagues and experienced nurses, the effectiveness of nursing care. e.g. describe how you assist your colleagues to reflect upon and evaluate the effectiveness of nursing care. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Met Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 2: Management of Nursing care Self-Assessment – you must include a practice example of how you meet this competency 2.9 Maintains professional development e.g. ensure Professional Development Record meets NCNZ requirements. Organisational Core Competencies must also be current. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Met Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 3: Interpersonal Communication Self-Assessment – you must include a practice example of how you meet this competency 3.1 Establishes, maintains and concludes therapeutic interpersonal relationships with client. e.g. using an example from practice, describe how you establish a therapeutic relationship while maintaining professional boundaries and why this can be challenging. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency **Competency Met** Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 3: Interpersonal Communication Self-Assessment – you must include a practice example of how you meet this competency 3.2 Practices nursing in a negotiated partnership with the patient/client where and when possible. e.g. using an example from practice, describe how you assisted a colleague to increase a patient/clients independence or family/Whanau participation in their care. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency **Competency Met** Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 3: Interpersonal Communication Self-Assessment – you must include a practice example of how you meet this competency 3.3 Communicates effectively with the patient/client's and members of the health care team. e.g. using an example from practice, describe the different communication techniques or styles that are needed for patients/clients and the healthcare team, and how you know your communication is appropriate and effective. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Met Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 4: Interprofessional Health care & Quality Improvement Self-Assessment – you must include a practice example of how you meet this competency 4.1 Collaborates and participates with colleagues and members of the **Health Care** Team to facilitate and coordinate care. e.g. using an example from practice, describe how you provide guidance and support to students, junior colleagues and new members of staff. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency Competency Not Met Verifying RN if different from Competency Met Name of Competence Assessor: Competence Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 4: Interprofessional Health care & Quality Improvement Self-Assessment – you must include a practice example of how you meet this competency 4.2 Recognises and values the roles and skills of all members of the **Health Care** Team in the delivery of care. e.g. describe a clinical issue that you could not resolve and you collaboration with a non-nursing colleague or member of the MDT to resolve it. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency **Competency Met** Competency Not Met Name of Competence Verifying RN if different from Competence Assessor: Assessor:





NCNZ Competency and Proficient Performance Indicator DOMAIN 4: Interprofessional Health care & Quality Improvement **Self-Assessment** – you must include a practice example of how you meet this competency 4.3 Participates in quality improvement activities to monitor and improve standards of nursing. e.g. give an example of a quality initiative that you have participated in and describe the change it made to nursing practice or service delivery. Senior Nurse Assessment - you MUST include a practice example of how nurse meets competency **Competency Met** Competency Not Met Name of Competence Verifying RN if different from Assessor: Competence Assessor:





NCNZ Self & Competence Assessment - Validation of Competence

inis section ivius i be completed for th	e assessment to be valid and must be completed BEFORI	tne portfolio is
Competence Assessor's Comments:		
Name:	Signature:	Date:
Nurse (being assessed) comments:		
Name:	Signature:	Date:
Line manager comments if not competer	nce assessor above:	
		-
Name:	Signature:	Date:
Manager with responsibility for budget t	o endorse progression to, or maintenance or RN Senior	evel:
Yes No		
Name:	Signature:	Date:
Line manager must update One-staff wit PDRP	h date of performance review or the nurse will be remov	red from the
One-staff updated by:		
Date:		





Manager Support Letter

Applic	ants n	ame:						
Applic date:	ant la	st Appraisal						
Mana	ger na	me:				Manager's Title:		
			Tick as approp	oriate				
	I have	e no concerns	s about this nurse applicant's perfor	mance, p	orac	tice, manner, a	attitude or te	eamwork
This applicant has <u>not</u> been under review for poor performance or conduct in the past 12 months								
	This applicant's most recent appraisal accurately reflects her/his nursing ability							
			consistently practices by demon notivation, collaboration, and effect	_			andards of	knowledge,
	contr	ibution to sp	sulted on and have approved the secialty knowledge or innovation in the syling organisations requirements were supported to the second	n practic	<u>e</u> . <u>T</u>	his meets Wai	-	_
			emonstrates a commitment to ir opment and practice initiative active		he	r/his practice	and being	involved in
	I have	e read the ap	plicant's portfolio and agree that it	is a true	refle	ection of their	performance	9
	l supp	ort the appli	cant for progression or maintenanc	e on the	PDR	RP pathway at:	please tick	
		Competen	t Level		Pro	ficient Level		
		RN Expert	Level		RN	Designated Se	nior Nurse	
	I do r	ot support th	nis applicant for progression on the	PDRP pat	thwa	ay		
Reaso	n/com	ments:						
Signed	i:			Date:				





Please remove this page and use **EITHER** the following professional development plan **or** career plan





Professional Development Plan

Name:				Signature:			Designation:	
Date:		Workplad	e:				APC Number:	
Goal	or DHB does t address)	(what nal, service imperative he goal	Activities (steps/actions required to achieve goal)	Resources I (including access, time	personnel,		d Outcome onal growth, so imer)	(impact on ervice delivery
E.g.	inpatients	services to with alth issues	Mental Health Study Day Work with mental health nurse			mental hand to sidevelop	care I give nealth issues wisupport junior better skills in agement of patatus.	ithin the ward colleagues to n assessment
1								
2								
3								





PROFESSIONAL DEVELOPMENT & CAREER PLAN NURSING

Career planning is a continuous process of self-assessment and goal setting. This plan incorporates your career and professional development aspirations and aligns these with organisational goals as reflected in your role description. The Directors of Nursing manage HWNZ funding for nurses. A requirement for accessing this funding is to attain the appropriate level of the Nursing Professional Development and Recognition Programme (PDRP) and have an agreed Professional Development and Career Plan (PDCP). Professional development activities require a feedback loop (report on outcomes) as part of the follow-up for activities supported by the organisation. This link provides further information on the career planning process. http://www.healthworkforce.govt.nz/health-careers/career-planning. Before starting your career plan, it's important to work through the career planning process, so that your plan is realistic and achievable for you, taking into account your self assessment (Know Yourself) and your career research (Explore Possibilities). Consider what knowledge and skills you need to fulfil the role description (i.e. clinical competences and professional behaviours) and meet objectives and develop in your career.



Career Plan for:				Date:	
	Career &/or Professional Development Goals		Action Plan	to Achieve Goals	Timeframe for achievement
Short Term (within 1 year)					
Longer Term (up to 5 years)					
I have discussed my p manager who is in agr	rofessional development and career aspirations weement.	ith my line		eeds of the service and fits with the strategion he organisation. I have discussed this plan as goals.	
Staff Member Sign Off			Line Manager Sign O	ff:	
Name:			Name:		
Title:			Title:		
Signature:			Signature:		
Date:			Date:		





Please remove this page and insert validated verification of 450 practice hours in the past 3 years. The following can be used:

- Trendcare printout signed by senior nurse/manager
- Printout / letter from HR/Payroll
- Signed letter from CNM/Manager detailing the total hours you have worked in the past 3 years





Please remove this page and insert validated verification of 60 Professional Development hours in the past 3 years. This must include evidence of Code of Conduct training since 2012 (as per NCNZ requirements)

The following can be used:

- Trendcare print out signed by senior nurse/manager
- HR/Payroll printout
- Printout from your organisation signed by your manager
- Professional Development List signed by your manager





Professional Development List

Name:			Designation:		
Date:			Workplace:		
	I				
Date of	Hours	Activity (Name of c	ourse/education session)	Hosted by (plac	e course
Training				held)	
		_			
		1			
Total ho	urs	1		l .	
Verificat	ion by manag	er:	Date:	Signature:	





Professional Development Reflections

Please write 3 short reflections of 3 separate professional development activities you have attended within the last 3 years.

Name:				Date:	
Date of Training	Hours	Activity (Name of course/education session)	Reflection (Explain what you lear affirmed or influenced your praction		is activity – how it





Please remove this page and insert a description of your quality initiative or practice change. This should include:

- PLAN why did you do the quality initiative or practice change.
- DO evidence of the quality initiative or practice change including pictures, leaflets, hand outs, training, documents, policies or other work developed as part of this change.
- REVIEW Evidence that your quality initiative or practice change has been evaluated by others.

The following document could be used as a template for this.





Quality Improvement Project Plan

Unit:				
Person Responsible:				
Team members:				
Project Title:				
Issue:				
Target Group:				
Aim:				
Action Plan				
Results:				
Evaluation:				
Feedback:				
In completion send	copy to:	Servic	e Manager	Quality Manager





Please remove this page and insert a description of your teaching session **OR** preceptoring **OR** supporting the skill development of colleagues

The teaching session should include:

- a) PowerPoint slides and/or Education session plan (or just the education session plan if no PowerPoint is being used) and copies of any hand outs
- b) Education Session Evaluation Forms (at least 2 from different attendees)

The evidence of preceptoring or supporting the skill development of colleagues should include:

- a) Explanation and reflection on the preceptoring you gave
- b) Feedback from the person(s) you preceptored or supported regarding their experience

The following documents could be used for this section.





Education Session Plan

Session									
Topic:									
Presented									
by:	Le	ength of							
		Session:							
Venue:									
Presented									
to:									
Overview and purpose of the session:									
Objectives	Main Points	Resources required/delivery method							
Self evaluation of session:	•								
What to change/work on for next time:									





Education Session Evaluation

	Pleas	se give the form to p	participa	nt(s) to	complet	te			
This should be completed by a colleague(s)			Please keep any others separately for your personal records						
Sessions sho person.	ould be presented	be presented to more than one • Up to four may be included in the					luded in the portfolio		
Session Topic:									
Presented by:					Date:				
The presentation/session was well prepared:									
Thoroughly ag			I	Nei	utral		Disagree		
Comments:		_							
		pic clearly and effe	ctively						
Thoroughly ag Comments:	ree	Agree		Ne	utral		Disagree		
I understand more	about the topic I	because of this sess	ion						
Thoroughly ag	ree	Agree		Nei	utral		Disagree		
Comments:									
My questions were			1 -						
Thoroughly ag	ree	Agree		Nei	utral		Disagree		
Comments:									
Overall comments			_						
Evaluators Name:			Si	ignatur	e:				
APC Number			D	DRPIA	vel·				





Feedback to Preceptor

Name of preceptor:		Name of preceptee:					
MY PRECEPTOR: Please tick the description which best describes your experience in each category	Excellent	Strength	Satisfactory	Needs Improvement			
was expecting me and made me feel welcome							
• identified what previous knowledge and skill I had and set goals with me which reflected this							
• had a wide range of clinical knowledge and skills to meet the patient/client needs							
assisted me with prioritising & time management skills							
communicated well with patients, family & colleagues							
• was confident in dealing with clinical situations which assisted my learning							
used effective clinical teaching skills							
identified other people who could assist my learning							
role modelled caring nursing practice and patient centred care							
offered regular specific constructive feedback							
facilitates mutual trust & respect among colleagues							
extended my learning through creating practice opportunities							
challenged my knowledge base							
created a safe learning environment							
Any other comments:	Signed by po	Signed by preceptee: Date:					
TO BE COMPLETED BY THE PRECEPTOR: What will you do differently as a result of this fee		Signed by preceptor: Date:					
			_ 3.00.				





Please remove this page and insert your reflection illustrating the ability to manage and coordinate care for patients with complex needs.

A model of reflection **MUST** be used for this section.

Please ensure privacy requirements are met, see the PDRP
Handbook for more details. Failure to meet Privacy
requirements will mean the portfolio is returned and could lead
to further action.