

NDHB STUDENT NURSING SKILLS AND INTERVENTIONS

Updated June 2016

Key

- Able to undertake independently monitored by RN
- RN direct supervision
- RN Supervision only & adult patients only
- Observer only

- BN2 1st year Bachelor of Nursing student
- BN3 2nd year Bachelor of Nursing student
- BN5 3rd year Bachelor of Nursing student
- BN6 Elective student

The following are guidelines to assist staff to plan appropriate clinical learning activities for NorthTec nursing students who are at different stages of their programme.

It is only a guideline and does not prevent other activities from taking place, provided it is within the student scope of practice and there is adequate RN teaching and supervision.

Please do not hesitate to discuss any of these activities with the clinical tutor who visits your area.



		BN2	BN3	BN5	BN6 ELECTIVES
GENERAL ACTIVITIES / ORIENTATION					
Observe RN practice					
Support the RN with their patient load					
Emergency call procedure/patient call system					
Equipment checks, e.g. emergency trolley, defibrillator, suction & oxygen					
Emergency contact information, e.g. phone numbers, paging system					
Observe role of allied health Staff					
Access to intranet / trendcare					
Access to policies, protocol, procedures & clinical guidelines					
General/Personal Health & Safety requirements					
Infection prevention & control procedures					
PATIENT ASSESSMENT					
General Admission / Health History					
Health Literacy					
Hydration & Nutrition Status					
Risk Assessment	Pressure areas				
	Falls risk				
	Self Harm				
EWS scoring					
Pain Assessment & management					
Mini-triage					
Discharge Planning					
Recording, Reporting & Documenting					
PATIENT-CENTERED – THERAPEUTIC COMMUNICATION, INTERPERSONAL RELATIONSHIPS & HEALTH PROMOTION					
Interviewing skills					
Assessment of communication needs, e.g. literacy hearing, speech					
Obtaining informed consent for nursing interventions					
Assessment of health education needs					
Patient &/or family education / Delivery of health information					
Opportunistic health education / health promotion					
Brief intervention, e.g. smoking cessation					
Planned teaching session, e.g. using an inhaler, insulin injection, lifestyle, stress management					
Telephone communication regarding patients interventions/diagnostics					
Work as part of the nursing &/or multi-disciplinary team					
Contribute to handover & handover own patients					
Attend Multi-disciplinary team meeting, where appropriate					
Referrals to MDT teams, e.g. social work, Takawaenga and physio					
Attend whānau /family meetings					
Contribute at whānau/family meetings, where appropriate					
Recording Reporting & Documenting					
ACTIVITIES OF DAILY LIVING					
Personal Hygiene	Bed Sponge				
	Bath/Shower				
	Oral hygiene				
Elimination	Management of urinary/faecal incontinence				
	Urinary catheter: Female insertion & management (male & female)				
	Care of Stoma				
	Bowel Preparation				
Mobilisation manual handling (hoists, transfers)					
Nutrition & Hydration	Oral				
	Nasogastric				
	Intravenous fluid therapy				
	PEG feeds				
Recording, Reporting & Documenting					
PATIENT OBSERVATIONS, SPECIMEN COLLECTION & DIAGNOSTIC TESTS					
Vital Signs	Electronic				
	Manual				
Pain assessment					
O2 Saturation					
Height, Weight/ BMI					
Fluid Balance Charting					
Urinalysis					
Blood glucose monitoring					
ECG (recording only)					
Telemetry monitoring					
Peak flow					
Collection of Specimens	Urine, Sputum, Faeces				
	MRO Swabs				
ADMINISTRATION OF MEDICATION & IV FLUIDS/PRODUCTS					
PICCs - dressing and removal					
IV fluids - priming					
Administration of Medication (Own patients only)	Oral				
	SC / IM				
(Refer to current NDHB Medication admin policy)	IV once NDHB competency completed				
Oxygen assessment & administration					
Checking Controlled Drugs					
Immunisation under script direct Paediatric RN supervision/ Vaccination - well child					
Adult vaccinations					
Blood & Blood product transfusion					
Health & Safety – infection control, correct disposal of equipment/fluids					
Recording, Reporting & Documenting					
WOUND MANAGEMENT					
Wound assessment & classification					
Wound Dressing, Wound Field Concept / Aseptic Technique					
Suture / clips / staples removal					
Wounds dressing and product selection	Basic				
	Complex				
Infection prevention & control, e.g. hand washing, disposal of equipment					
Recording, Reporting, Documenting					
PLACEMENT SPECIFIC ACTIVITIES					
Preparation of patients for procedures & surgery e.g. gastroscopy, PAP smear					
Post procedure care, e.g. gastroscopy, surgery					
Calming & Restraining					
Transferring patients to theatre					
Palliative care / End of life care					