

Tūria, tūria te mata hau nō Rangi
Tūria, tūria te mata hau nō Papa
Paiheretia te tangata ki te kawa tupua,
ki te kawa tawhito
He kawa ora! He kawa ora!
He kawa ora ki te tangata
He kawa ora ki te whānau
He kawa or ki te iti, ki te rahi
He kawa tātaki ki au mau ai
Tūturu o whiti, whakamaua kia tīna
Hui e! Tāiki e!

Elevate and celebrate the gifts of Rangi
Elevate and celebrate the gifts of Papa
People are bound by the spiritual forces of ancestry
Uplift the spirit! Support the spirit!
Raise up the health of people, of family, of all.
A spirit that guides me
Hold fast! Uphold the essence.
Bring it together! It is complete.

# Stakeholder hui

2 July 2024

- Margie Apa Chief Executive Health New Zealand
- Andy Inder Director Ageing Well
- Mahaki Albert (MC)
- iSign, NZ Sign Language







Nadine Gray (Te Whakatōhea)

Health New Zealand Te Whatu Ora

**Te Kāwanatanga o Aotearoa** New Zealand Government

# Government Policy Statement on Health 2024 – 2027

For more info visit www.health.govt.nz/publications

# System Pressures 2024 Stakeholder Hui

2 July 2024

**Te Kāwanatanga o Aotearoa** New Zealand Government Health New Zealand
Te Whatu Ora

# Systems Pressures 2024

- High demands are placed on our Health System, and all our kaimahi, every day
- We acknowledge everyone's hard mahi, dedication and passion for caring for New Zealanders
- Everyday clinicians and support workers across the Motu help thousands of New Zealanders with proactive and reactive health services
- We have developed a Systems
   Pressures approach to embed long term change to help ease pressure

# Our opportunity to ease system pressure

- As Health New Zealand Te Whatu Ora we have a chance to create solutions that are consistent across the Motu
- Initiatives cross primary and community care, EDs and hospitals
- One national plan working with regions/districts to make it happen
- Although national initiatives these are adapted regionally and locally as every community is unique. E.g. local escalation pathways
- Not just a winter and summer response but embedding better practice in our system
- Single approach:
  - Clarity on challenges
  - Unified decisions
  - Embed into the system
  - Consistent support

## What we want to achieve

- High demands can mean patients are not cared for in the appropriate setting
- This can result in:
  - Patients not being able to access timely, quality care
  - Less favourable patient outcomes
  - Additional pressures on our workforce
- Awareness and action around prevention programmes, particularly immunisation
- Smoother, coordinated pathways for higher risk individuals in our hospitals
- Fairly funded community-based services to support complex discharges



### **Prevention**

Encouraging people to take preventative measures early, such as immunisations, staying home when sick, healthy behaviours.



### **Community care**

Providing people with alternate healthcare options (urgent and non-urgent) and supporting living.



### **EDs & hospitals**

Improving the patient journey through hospital by consistent Integrated Operations Centres, acute flow improvement to enable more resilient EDs, while maintaining staff wellness and well-being.

# Initiatives underway- at a glance



### **Prevention**

- COVID XBB
- Flu vaccine
- Childhood imms
- Boostrix
- Outbreak prep
- International and domestic surveillance
- Capability
- Outbreak response
- ARC residents, and ARC/HCSS kaimahi vaccination



### **Community care**

- Ka ora virtual consults
- Urgent Care, rural after hours
- Extended primary care options for Acute Care (POAC)
- Timely discharge of complex cases to ARC/community
- Visibility of ARC bed availability



### **EDs & hospitals**

Discharge planning:

- Local complex discharge escalation pathway
- Integrated 7-day discharge planning
- Flu vaccinations for Health NZ staff

Improved Immunisation Shorter Stays in ED

Create capacity for Shorter wait times for elective treatment

Links to health targets

# Childhood Immunisation coverage at 24 months all ethnicities



whooping cough (pertussis)



3

rotavirus

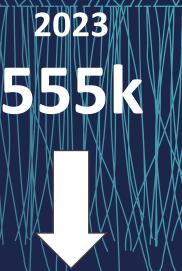
whooping cough (pertussis) hepatitis B







mumps



**Get your** flu vaccine here

> We're fighting flu together

2023

78%



2024

78%

2024

513k

**Health New Zealand** Te Whatu Ora

# Shorter Stays in ED

2023

2024

71.9%

69.9%

**Emergency Department presentations** 

321,077

332,355

**Admissions from Emergency Department** 

29.2%

29%

# Choose the right healthcare for you and your whānau



### Care at home

Info.health.nz

Advice and information on general wellness, colds, flu and Covid, minor injuries and skin issues.



### Healthline

0800611116

Free health advice and information 24/7 from trained nurses and other health professionals.



### **Pharmacy**

Advice and treatment

Medicines and vaccinations, help to treat minorillnesses, over-the-counter treatment



### GP or Doctor

Appointments with a doctor for general wellness, high fevers and rashes, injuries, mid to long term healthoare and all vaco inations



### Accident urgent medical centre

Out of hours or urgent oare if your GP isn't available, for urgent injuries or if you're feeling very unwell



### **Emergency** department

Call 111 if it's a life threatening emergency

Go immediately if you have o hest pain, difficulty breathing, severe bleeding or severe pain.



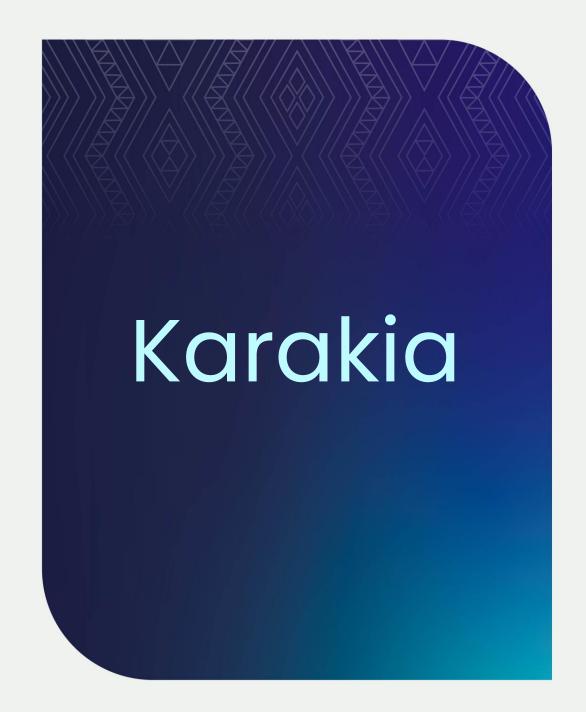
Te Kāwanatanga o Aotearoa New Zealand Government Health New Zealand Te Whatu Ora

# Summary

- Everyone working in health is passionate and dedicated and we value your unwavering work and support
- We know we need to find efficiencies and we have a national approach to deliver
- We are focusing on fewer initiatives but on those that are evidence based and we hope will make greatest impact
- We will constantly review our approach, learn and improve
- Work is already underway, and initiatives will continue to roll-out over 12-months
- Many of you have already initiatives underway to assist in easing the pressure
- We encourage you to reach out to Health NZ colleagues to share your mahi and help us continually improve our approach

# He waka eke noa Ngā mihi

# Questions?



Kia whakairia te tapu
Kia wātea ai te ara
Kia turuki whakataha ai
Kia turuki whakataha ai
Haumi e. Hui e. Tāiki e!

Restrictions are moved aside
So the pathway is clear
To return to everyday activities.