

## Psychiatry

### Courses/Conferences/Other

- Psych Scene Face to Face examination course (once for each MCQ, Essay-Style and OSCE examination) **or**
- Prepare 4 RANZCP (once for each MCQ and Essay-Style examination)
  - Request for a second reimbursement of the same course needs to be approved by the appropriate clinical lead
- RANZCP Conference (such as Congress, **or** NZ Branch Conference)
  - Once in total during stage 1 & 2
  - Once during stage 3
- Senior Registrar Forum, Wellington
  - Advanced Trainees only
- BMJ On Examination preparation fro MRCPsych Paper A **and** B
  - Maximum 3 months subscription for each paper
  - Request for a second reimbursement of the same course needs to be approved by the appropriate clinical lead
- Psychotherapy Written Case 1:1 Supervision (in private sector), where a supervisor is NOT readily available in the public system, this must be signed off by the appropriate clinical lead
- Scholarly Project Fee / Exemption Marking Fee
- Takarangi Cultural Training Program

### Stage III Trainee Mandatory Education Courses for Advanced Certificate Trainees

- RANZCP Conference in Subspecialty Area
  - Recommended once as an Advanced Certificate Trainee

### Forensic Psychiatry Trainees

- Evaluation of Risk for Violence using the HCR-20 Version 3 (**Advanced Trainees only**)
- Assessing Psychopathy using the Hare Scales (PCL-R and PCL:SV) (**Advanced Trainees only**)

#### One of the following (at graduate certificate level)

- Forensic Mental Health Programme (University of NSW) **or**
- Graduate Certificate in Forensic Behavioural Science (Swinburne) **or**
- Graduate Certificate in Forensic Mental Health (Griffith University)

### Psychiatry of Older Adult Trainees

- Didactic Teaching, 4x per year, split between Christchurch and Auckland

### Child and Adolescent Psychiatry Trainees

- Didactic Teaching, 4x per year, split between Christchurch and Auckland

### Addictions Psychiatry Trainees

- Addiction Doctors Education Program or similar

### Psychotherapies Trainees

- Graduate Diploma Psychotherapy (AUT)

### Consultation-Liaison Psychiatry Trainees

In lieu of a formal didactic teaching programme:

- Exeter Liaison Psychiatry Course, **or**
- Academy of Consultation-Liaison Psychiatry Annual Meeting

## Textbooks – Stage I, II and III Trainees:

### Comprehensive Textbooks

- New Oxford Textbook of Psychiatry (Gelder, Lopez-Ibor and Andreason) Oxford University Press, **or**
- Comprehensive Textbook of Psychiatry (Kaplan and Saddock) Lippincott, Williams and Wilkins, **or**
- Synopsis of Psychiatry (Kaplan and Sadock's) Lippincott, Williams and Wilkins

### Basic Skills

- Psychiatric Interviewing and Assessment (Poole and Higgs) Cambridge, **or**
- Psychiatric Interviewing: the Art of Understand (Shea) Elsevier
- Management of Mental Disorders (Andrews, Dean, Genderson et al) CreateSpace Independent Publishing Platform

### Mental State Examination (including Cognitive Assessment)

- The Psychiatric Mental Status Examination (Trzepacz and Baker) Oxford University Press, **or**
- Symptoms in the Mind: an Introduction to Descriptive Psychopathology (Sims) W B Saunders
- Cognitive Assessment for Clinicians (Hodges) Oxford University Press

### Diagnostic Manuals

- DSM 5
- APA Press

### Psychodynamic Psychotherapy - Basics for the Long Case

- Long Term Psychodynamic Psychotherapy: A Basic Text (Gabbard) American Psychiatric Publishing Inc., **or**
- The Little Psychotherapy Book (Frankland) Oxford University Press

### Psychodynamic Psychotherapy - More Advanced Concepts for the EPA's

- Psychodynamic Psychiatry in Clinical Practice (Gabbard) American Psychiatric Press, **or**
- Oxford Textbook of Psychotherapy (Gabbard, Beck and Holmes) Oxford University Press, **or**
- Individual Psychotherapy and the Science of Psychodynamics (Malan) Butterworth-Heinemann

### Psychopharmacology

- Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications (Stahl) Cambridge University Press, **or**
- Fundamentals of Psychopharmacology (Leonard) Wiley, **or**
- The Maudsley Prescribing Guidelines (Paton, Taylor and Kapur) Wiley

### Evidence Based Medicine

- Evidence-Based Mental Health Care (Hatcher, Butler, Oakley-Browne) Elsevier Health Sciences, **or**
- Critical Appraisal for Psychiatrists (McIntosh, Rao and Lawrie) Elsevier Health Sciences

## CBT

- Cognitive Behaviour Therapy: Basics and Beyond (Hawton, Salkovskis, Kirk and Clark) Oxford Medical Publications, **or**
- Cognitive Behaviour Therapy: Basics and Beyond (Beck) Guilford Press, **or**
- An Introduction to Cognitive Behaviour Therapy: Skills and Applications (Kennerley, Kirk and Westbrook) Sage Publications
- Mind Over Mood, second edition (or later)
- The Clinicians Guide to CBT Using Mind over Mood, second edition

## Ethics

- Psychiatric Ethics (Bloch) Oxford University Press, **or**
- In Two Minds: a Casebook of Psychiatric Ethics (Dickenson, Fulford and Fulford) Oxford University Press

## ECT

- The Electroconvulsive Therapy Workbook: Clinical Applications (Weiss) Routledge

## Textbooks – Advanced Training Certificate Trainees:

### Forensic Psychiatry

- Forensic Psychiatry: Clinical, Legal and Ethical Issues (Gunn and Taylor) CRC Press

### Child and Adolescent Psychiatry

- Practitioner's Guide to Psychoactive Drugs for Children and Adolescents (Werry, Aman) Springer

Two of the following

- Clinical Child Psychiatry (Klykylo, Kay, Rube) John Wiley & Sons, **or**
- Rutter's Child and Adolescent Psychiatry (Rutter) Wiley-Blackwell, **or**
- Lewis's Child and Adolescent Psychiatry: a Comprehensive Textbook (Lewis) Lippincott, Williams and Wilkins

### Addictions

- Drugs and Alcohol Abuse: a Clinical Guide to Diagnosis and Treatment (Schuckit) Plenum Medical Book Co

### Psychiatry of the Older Adult

- Oxford Textbook of Old Age Psychiatry (Denning and Thomas) Oxford University Press

### Consultation-Liaison Psychiatry

- Clinical Manual of Psychosomatic Medicine: A Guide to Consultation-Liaison Psychiatry (Wise and Rundell) American Psychiatric Publishing Inc
- Lishman's Organic Psychiatry: a textbook of Neuropsychiatry (David, Fleminger, Kopelman, Lovestone and Mellers) Wiley Blackwell
- APA Textbook of Neuropsychiatry and Clinical Neurosciences (Arciniegas, Yudofsky and Hales) American Psychiatric Association

### Psychotherapies (all also on the basic list)

- Long Term Psychodynamic Psychotherapy: A Basic Text (Gabbard) American Psychiatric Publishing Inc.
- The Little Psychotherapy Book (Frankland) Oxford University Press
- Psychodynamic Psychiatry in Clinical Practice (Gabbard) American Psychiatric Press
- Oxford Textbook of Psychotherapy (Gabbard, Beck and Holmes) Oxford University Press
- Individual Psychotherapy and the Science of Psychodynamics (Hawton, Salkovskis, Kirk and Clark) Oxford Medical Publications
- Cognitive Behaviour Therapy: Basics and Beyond (Hawton, Salkovskis, Kirk and Clark) Oxford Medical Publications
- Cognitive Behaviour Therapy: Basics and Beyond (Beck) Guilford Press
- An Introduction to Cognitive Behaviour Therapy: Skills and Applications (Kennerley, Kirk and Westbrook) Sage Publications

The Reimbursement Training Lists have been developed by Health NZ & STONZ to provide a guide on appropriate and relevant expenses that facilitate acceptance on to a training programme, or are requirements for completion of vocational training. The development process included input from the specialty colleges, District training committees, college supervisors and trainee representatives. These lists are not exhaustive and RMOs can seek reimbursement for items that are not on the lists provided:

The item is a requirement of training, or an application prerequisite set by the relevant Speciality College; or

Where the item is not a requirement of training or an application prerequisite, it must be considered generally relevant and beneficial to relevant RMOs towards completion of the vocational pathway

Endorsed for reimbursement by the appropriate clinical lead

Refer to clause 10 Employment Related Expenses of the Health NZ & STONZ CA National Manual for information on when the lists will be reviewed and how to request an item be added or removed.

College and exam fees required to obtain a New Zealand or Australasian vocational scope of practice will be reimbursed as detailed in Clauses 10.3 and 10.6.2.