

Ngā Whanonga Pono | Values

The 9 Whanonga Pono with corresponding Te Whāinga/Intent and Whakataukī have been gifted as guiding principles that will shape and influence practice, commissioning, and delivery of SBHS. These all come with Ngā Wawata/Intent Statements, Tūpou Oranga/Wellbeing Measures, Tūpou Hauora/Health Measures and even Emoji icons for both rangatahi and kaimahi to capture the essence of the values as they are used and applied.



TINO UARATANGA - Potential
"I Have Potential"



WAIRUA - Spirituality
"I Am Essential"



AROHA - Love & Compassion
"I Matter"



WHANAUNGATANGA
Connection To Others And Self
"I Am Connected"



RANGATIRATANGA - Autonomy
"I Have Self Determination"



WHAKAPAPA - Identity
"I Belong"



TE REO - Language
"I Have Mana"



MANAAKITANGA - Nurturing
"I Am Valued"



ŌRITETANGA - Equality
"I Am Equal"



**TE RŌPŪ MĀTANGA
O RANGATAHI**

Te Whatu Ora
Health New Zealand

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Te Ūkaipō



A **mātauranga Māori** framework
for **School Based Health Services**

Rangatahi Tū

Rangatahi Engaged

Rangatahi Ora

Rangatahi Healthy

Rangatahi Ūkaipō

Rangatahi Nurtured



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Te hoki atu ki te wāhi i ahu mai koe, te wāhi i whāngaitia e koe hei oranga mōu mō te rerenga ki mua.”

"To return to the place of your origin, the place where you can be nourished to sustain you for the journey ahead."

- Rāwiri Wharemate
(Ngāti Wai, Ngāti Moerewa, Ngāpuhi)



The whakapapa of Te Ūkaipō can be traced back to Matua Rāwiri whose life's work was devoted to child and youth wellbeing. His whakataukī inspired the name we carry and serves as the foundation of the framework.

Nō reira, moe mai rā e te rangatira...

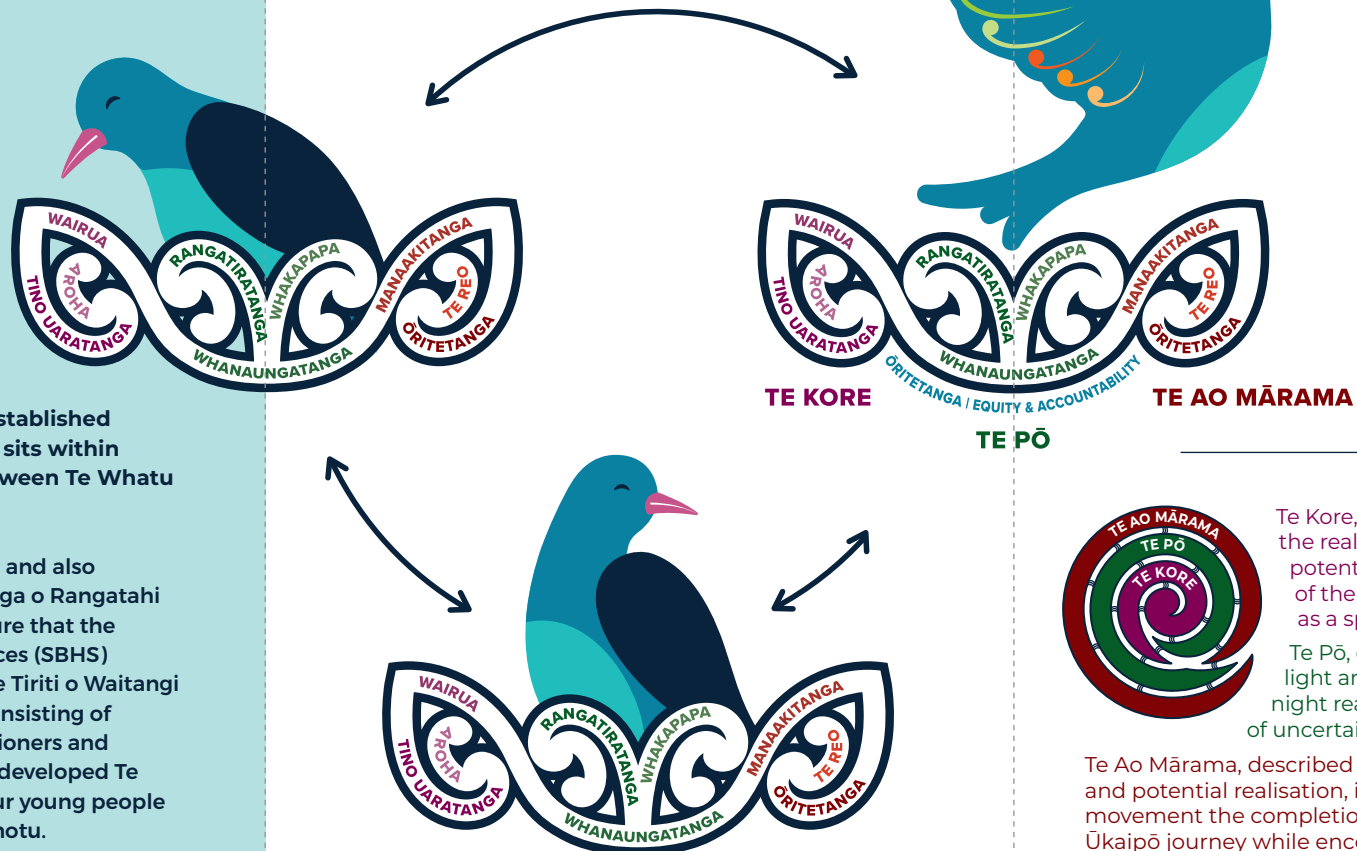
Te Rōpū Mātanga o Rangatāhi was established in mid-2020 as an advisory rōpū that sits within Te Tatau Kitenga, a collaboration between Te Whatu Ora and SYHPANZ.

Meaning 'The Watchmen of Rangatāhi' and also gifted by Matua Rawiri, Te Rōpū Mātanga o Rangatāhi provides leadership and advice to ensure that the work of the School Based Health Services (SBHS) Enhancements Programme upholds Te Tiriti o Waitangi and is focused on equity. The group, consisting of experienced Māori and Pasifika practitioners and heavily guided by rangatāhi voice, has developed Te Ūkaipō to improve the outcomes for our young people engaging with SBHS throughout the motu.

Te Whāinga Matua | Overall Intent

The purpose of this framework is to provide guidance on the utilisation of mātauranga Māori within the context of service delivery. It provides information that enables health practitioners to understand a Māori centric approach to SBHS.

The following visual explains the Life-cycle Continuum of Te Ūkaipō—Te Mataora Manu. In this framework, Te Ūkaipō is represented as a kōhanga/nest. Within the kōhanga are the 9 kaupapa Māori values to be considered, understood and translated into practice when implementing Te Ūkaipō. The manu/bird in the cycle represents the rangatāhi in the framework venturing on a journey of self-discovery from a child through to an adult.



Beginning as a manu hou, a young bird, shown with head down representing unrealised potential. As the manu transitions to the next phase it lifts its head as confidence grows. Finally, the manu is ready to leave the nest, strengthened by the values of Te Ūkaipō, with the knowledge that it can return to the kōhanga if ever needed.

The States of Development the manu transitions through are named for those recounted in the Māori creation story — Te Kore, Te Pō and Te Ao Mārama.

Within Te Ūkaipō they reflect the continual evolving learning process that takes place when considering the 9 whanonga pono/values and how they are received or translated into practice as a person moves through each state. While the young person is moving through the journey of self-discovery the kaimahi or practitioner is also moving through the continuum of reflecting on self and of practice.



Te Kore, described in te ao Māori as the realm of possibility and infinite potential, is considered the beginning of the journey in Te Ūkaipō and seen as a space of potentiality.

Te Pō, described as the place devoid of light and known in te ao Māori as the night realms. In Te Ūkaipō, it is the space of uncertainty, of self-reflection and inquiry.

Te Ao Mārama, described as the place of understanding and potential realisation, is a time to celebrate the movement the completion of this moment in the Te Ūkaipō journey while encouraging its continuation.